

# N CJ

NORTH COAST JOURNAL OF POLITICS, PEOPLE & ART

Humboldt County, CA | FREE  
Thursday, Feb. 9, 2023  
Vol. XXXIII Issue 6  
[northcoastjournal.com](http://northcoastjournal.com)

## Wild 2.0

Local photographer Talia Rose's  
little stretch of the river is changing





# CLEARANCE SALE

## SELECT KNIVES



25% TO  
50% OFF

GERBER

VICTORINOX

## FLANNEL SHIRTS

**FIVE BROTHER**  
SINCE 1890

25%  
OFF



**FILSON**  
Since 1897

**PENDLETON**

## WINTER FOOTWEAR SALE



**Teva**

25% TO  
50%  
OFF

**ACORN**



**BEARPAW**

## UNDER ARMOUR

Men's Fleece®  
Twist  
Hoodie

25% TO  
50% OFF

Men's UA 1/4 Zip  
Long  
Sleeve



**KÜHL**

SELECT  
MENS & WOMENS APPAREL

Womens  
Kontour Skinny  
reg \$88.99



\$65.99  
SALE PRICE

25% TO  
50%  
OFF



Mens  
"The Law"  
reg \$94.99

\$69.99  
SALE PRICE

Womens  
Toasty  
Transcendr  
pant  
reg \$114.99



\$85.99  
SALE PRICE

Mens Rydr  
pants  
reg \$90.00



Mens Deceptr  
pants \$90.00 reg

\$44.50  
SALE PRICE

\$44.50  
SALE PRICE

**carhartt**

SELECT MENS & WOMENS APPAREL

Womens  
Montana  
Coat  
reg. \$169.99

\$126.99  
SALE PRICE

K87 Pocket T's  
Discontinued Colors

UP TO  
40% OFF



Mens  
**Gillium Jacket**

Discontinued Colors  
reg. \$99.99-\$109.99

\$59.99-\$65.99  
SALE PRICE



K288 Midweight  
Hoodies - Discontinued  
reg. \$54.99-\$59.99 Colors

\$32.99-\$35.99

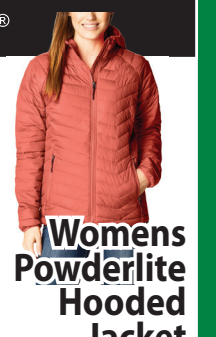


**Columbia**  
Sportswear Company®



Mens  
Helvetia  
Hooded  
Jacket  
reg. \$89.99

\$66.99  
SALE PRICE



Womens  
Powderlite  
Hooded  
Jacket  
reg. \$129.99

\$96.99  
SALE PRICE

25% TO  
50% OFF

## SELECT CLEARANCE FOOTWEAR



UP TO  
50% OFF

**Danner**

SELECT  
DANNER BOOTS  
25% OFF



Vicious 4.5"  
\$199.99 reg

\$149.99  
SALE PRICE



Durand Mid  
EVO  
\$209.99 reg

\$104.99  
SALE PRICE



Detroit XT Mid  
Steel Toe  
\$209.99 reg

\$137.99  
SALE PRICE



Quarry  
\$289.99 reg

\$216.99  
SALE PRICE



Vicious 8"  
\$219.99 reg

\$164.99  
SALE PRICE



Steens Mid WP  
\$139.99 reg

\$69.99  
SALE PRICE



Milwaukee  
Steel Toe  
\$209.99 reg

\$156.99  
SALE PRICE

41 Years As  
Humboldt's  
Work & Outdoor  
Outfitters



"We Fit Humboldt"

6th & E Sts. Eureka • 444-9201

Mon-Sat: 9:30 - 6:00 • Sunday: 11:00 - 4:00

Price Good Through 2/28/23 • Limited to Stock on Hand

**PICKY**  
**PICKY**  
**PICKY**  
STORE  
WORK & OUTDOOR OUTFITTERS

**DOVETAIL**  
WORKWEAR



Women's  
Dovetail Work Pants

25% OFF





NCJ CONTENTS

- 5 Editorial
- 6 Mailbox
- 6 Poem  
The Loneliness of Death
- 8 News  
An Upstream Intervention
- 9 News  
Supervisor Bohn Makes Misogynistic Comment at Chamber Event
- 10 Humboldt Made  
Special Advertising Section
- 11 Views  
Eureka Needs to Stand Up to its Playground Bully
- 13 NCJ Daily Online
- 14 On The Cover  
Wild 2.0
- 21 On the Table  
'We've All Got Stories'
- 22 Get Out!  
In Defense of Slack
- 23 Fishing the North Coast  
Winter Steelhead Remain Elusive
- 24 Arts! Arcata  
Friday, Feb. 10, 4 to 8 p.m.
- 25 The Setlist  
Love Is
- 26 Calendar
- 27 Home & Garden  
Service Directory
- 31 Screens  
You People Brings the Cringe
- 33 Free Will Astrology
- 33 Workshops & Classes
- 38 Sudoku & Crossword
- 39 Classifieds



Ceramics by Susan Beecher at Fire Arts.  
Read more on page 24.  
*Courtesy of the artist*

**On the Cover**  
A pair of bald eagles in a tree along Avenue of the Giants. *Photo by Talia Rose*

NCJ

NORTH COAST JOURNAL OF POLITICS, PEOPLE & ART  
Feb. 9, 2023 • Volume XXXIV Issue 6  
North Coast Journal Inc.  
www.northcoastjournal.com  
ISSN 1099-7571 © Copyright 2023

**PUBLISHER**  
Melissa Sanderson  
melissa@northcoastjournal.com  
**NEWS EDITOR**  
Thadeus Greenson  
thad@northcoastjournal.com  
**ARTS & FEATURES EDITOR**  
Jennifer Fumiko Cahill  
jennifer@northcoastjournal.com  
**DIGITAL EDITOR**  
Kimberly Wear  
kim@northcoastjournal.com  
**STAFF WRITERS**  
Linda Stansberry  
linda@northcoastjournal.com  
**CALENDAR EDITOR**  
Kali Cozyris  
calendar@northcoastjournal.com  
**CONTRIBUTING WRITERS**  
John J. Bennett, Simona Carini, Wendy Chan,  
Barry Evans, Mike Kelly, Kenny Priest  
**PRODUCTION MANAGER**  
Holly Harvey  
holly@northcoastjournal.com  
**GRAPHIC DESIGN/PRODUCTION**  
Heidi Bazán Beltrán, Dave Brown,  
Rory Hubbard, Renée Thompson  
ncjads@northcoastjournal.com  
**ADVERTISING MANAGER**  
Kyle Windham  
kyle@northcoastjournal.com  
**SENIOR ADVERTISING REPRESENTATIVE**  
Bryan Walker bryan@northcoastjournal.com  
**ADVERTISING REPRESENTATIVE**  
Heather Luther heather@northcoastjournal.com  
**CLASSIFIED ADVERTISING**  
Mark Boyd classified@northcoastjournal.com  
**INSIDE SALES REPRESENTATIVE**  
Trevor Lee trevor@northcoastjournal.com  
**BOOKKEEPER**  
Deborah Henry billing@northcoastjournal.com  
**OFFICE MANAGER/DISTRIBUTION**  
Michelle Dickinson michelle@northcoastjournal.com

**MAIL/OFFICE**  
310 F St., Eureka, CA 95501  
707 442-1400 FAX: 707 442-1401  
www.northcoastjournal.com  
**Press Releases** newsroom@northcoastjournal.com  
**Letters to the Editor** letters@northcoastjournal.com  
**Events/A&E** calendar@northcoastjournal.com  
**Music** music@northcoastjournal.com  
**Classified/Workshops** classified@northcoastjournal.com



The North Coast Journal is a weekly newspaper serving Humboldt County. Circulation: 18,000 copies distributed FREE at more than 450 locations. Mail subscriptions: \$39 / 52 issues. Single back issues mailed \$2.50. Entire contents of the North Coast Journal are copyrighted. No article may be reprinted without publisher's written permission. Printed on recycled paper with soy-based ink.

Entertainment Calendar

FEBRUARY

10

DJ M

Hip Hop Nights

11

UFC

284

17

DJ Pressure

Your Favorite Dance Music DJ Pressure

18

Almost Dangerous

Classic Hits

Karaoke Every Tuesday Night 8PM

Sunset Restaurant

at The Heights Casino

Land & Sea SPECIALS

WEDNESDAY & THURSDAY NIGHTS

PRIME BEEF TRI TIP BURGER \$16

STEEL HEAD \$18

FRIED CHICKEN \$17

THE HEIGHTS TRINIDAD CASINO CALIFORNIA

FUNATTHEHEIGHTS.COM | 1-800-684-2464



# OBJECT HEAVY

## RECORD RELEASE PARTY

### LIVE AT THE SAPPHIRE PALACE

#### BLUE LAKE CASINO & HOTEL



WITH SPECIAL GUESTS...

*The* **California Poppies**



DJ RED  
+  
KING  
MAXWELL

## SATURDAY FEBRUARY 25th

8:00 PM

**\$15 ADVANCE • \$25 AT THE DOOR**

HOSTED BY ELI FOWLER • VISUALS BY MARMALADE SKY

TICKETS AVAILABLE AT [BLUELAKECASINO.COM](http://BLUELAKECASINO.COM)



## SUNDAY BLACKJACK TOURNAMENTS!

EVERY SUNDAY  
STARTING AT 3PM!



## PRIME RIB **\$26.95** DINNER SPECIAL

EVERY FRIDAY  
& SATURDAY  
FROM 4PM-9PM

TICKETS ON SALE NOW!  
VISIT [BLUELAKECASINO.COM](http://BLUELAKECASINO.COM)  
FOR PURCHASE AND MORE  
DETAILS!







First District Supervisor Rex Bohn reads a written apology at the board's Jan. 31 meeting. Screenshot.

# ‘Uncomfortable’

By Jennifer Fumiko Cahill, Thadeus Greenson and Kimberly Wear  
editor@northcoastjournal.com

Before anyone reflexively talks about political correctness, “cancel culture” or good-natured jokes, let’s consider the facts.

On Jan. 27, the Eureka Chamber of Commerce hosted its annual awards gala and fundraiser, drawing more than 200 people, including a host of local business leaders and officials. To this effort, a local restaurant owner donated a dinner for eight at a time when restaurants are widely known to be struggling and closing at alarming rates. While auctioning off said donation, First District Humboldt County Supervisor Rex Bohn mocked and objectified the business owner on a night designed to make them feel celebrated and appreciated.

In what world is this behavior acceptable from a seventh grader, much less one of five officials elected to make decisions on behalf of the entire county, someone who should necessarily be held to a higher standard than the rest of us? It’s not, and neither is the behavior that enabled it.

Of course, there are more facts to consider, including that the business owner in question is a woman and the joke was about her serving topless in a country in which 81 to 97 percent of women experience sexual harassment during their lifetime, according to various sources, and in which women are the target of 78 percent of documented cases of sexual harassment in the workplace. And make no mistake — when you take someone

who is in the midst of using their professional expertise and hard work to make a gift to the community and imply it’s worth less than their naked body — this was an act of sexual harassment, spewed into a microphone in a room full of people. Most of us would face firing for doing something similar at work, and rightfully so.

Then, there’s the fact that studies have linked higher rates of objectification and sexual harassment of women in our society to higher rates of sexualized violence, something we should take particular note of here in Humboldt County, which historically averages about 50 percent more domestic violence-related police calls per capita than the state average.

There’s also the fact that this isn’t the first instance of Bohn behaving in such a way at a public event. There was the time in March of 2019 when, while auctioning off a Mexican food dinner, he asked the donor if it was “so authentic that we’re going to want to steal hubcaps after we eat.” And there was the time, as recounted by now Mayor Kim Bergel, that while announcing the Perilous Plunge, Bohn said Bergel, then representing a local school she worked for in the fundraiser, looked like a pole dancer. As some have implied in coming to Bohn’s defense, there’s a track record of “Rex being Rex.”

There’s also little argument Bohn doesn’t — or shouldn’t — know better. After all, his comments at the chamber

*Continued on next page »*

# WEEKEND OF COUNTRY

## CHAD BUSHNELL

PERFORMS A VARIETY OF COUNTRY FAVORITES  
FRIDAY, FEB. 17<sup>TH</sup>  
9PM • \$10 PRE-SALE

## THUNDER ROLLS

GARTH BROOKS TRIBUTE  
SATURDAY, FEB. 18<sup>TH</sup>  
8PM • \$10 PRE-SALE

### TICKETS ON SALE NOW!

## BEAR RIVER CASINO RESORT

BEARRIVERCASINO.COM

# FORBUSCO

LUMBER & BUILDING SUPPLY

## Start right, Start here.

### HOME IMPROVEMENT MADE EASIER!

#### Hours of Operation

Mon - Sat: 7:30a.m. - 5:30 p.m.  
Sunday: 9:00 a.m. - 3:30 p.m.

#### (707) 725-5111

1784 Smith Lane  
Fortuna, CA. 95540



function certainly seem to be in violation of the supervisors' code of conduct he personally voted to pass in 2021, particularly the section stating that board members' "professional and personal conduct" be "above reproach" and that they "should practice civility and decorum ... and refrain from abusive conduct." His remarks also certainly seem as though they would have violated the county's abusive conduct and harassment policies, both of which Bohn voted to approve, had they occurred in a county office. Additionally, there are the state-mandated, two-hour sexual harassment prevention trainings local elected officials have to participate in every two years. So either Bohn isn't capable of understanding the policies he's voting to approve and the biennial trainings he's participated in, or has chosen to disregard them.

A veteran host of countless fundraisers and auctions — 742 of them as he noted in his "apology" — Bohn has worked enough rooms to know how an audience will react. It's a necessity of the job. So when he chooses to regard a successful woman as a commodity, no matter what she has achieved or how she has helped her community, he probably knows some in attendance will laugh and smile along. But more importantly, history has probably taught him that those made uncomfortable — or even angry — will likely just chuckle nervously, unwilling to rock the boat. It's what enables the kind of never-ending hazing every woman in the room had witnessed or experienced before, letting them know they will never have the full respect of those doing the laughing. Those same women know that to bristle or complain is to draw even more criticism and be pushed even farther out of the circle.

But there are other facts at play here that are perhaps equally disturbing and disappointing.

First, there's the very fact that nonprofits and community organizations are still inviting Bohn to participate in their fundraisers. If there was any question before, any organization asking him to headline its event can now be seen as implicitly condoning or excusing his prior track record of demeaning and misogynistic comments. His billing sends a clear message about who the organization values, and who it does not. A community organization or nonprofit that refuses to confront racism and sexism is simply not welcoming to all, no matter what it claims to be.

Second, at a time when there has finally been long-overdue discussion in the MeToo era about men's roles in halting misogyny and objectification, it's beyond

disappointing that not a single one apparently spoke up in the moment to call out Bohn's behavior as it occurred, and that no one from the chamber saw fit to turn off the microphone or even apologize after the fact.

Equally disappointing were the mealy-mouthed responses from three of Bohn's colleagues on the board, with Fifth District Supervisor Steve Madrone talking about "education," Second District Supervisor Michelle Bushnell warning of "tattle-tale-type things" and Third District Supervisor Mike Wilson simply thanking newly seated Fourth District Supervisor Natalie Arroyo for her comments critical of Bohn's behavior, saying it's "uncomfortable" and "takes bravery."

The truth is ending misogynistic behavior that objectifies and demeans women in search of a laugh is inherently the work of men. First and foremost, that means men — especially those elected to lead us — refraining from objectifying and demeaning women. But it also necessitates other men standing up and calling them out when they do. Confronting sexism is the bare minimum and the people around you, particularly the women, will remember your action or your complicity.

In the absence of robust denunciation of Bohn's misogyny, our local leaders in government and business have sadly offered the women and girls of Humboldt County a demonstration of just how little their dignity is worth. It's the same dismissal Latinx residents have received every time Bohn has been invited to host since 2019.

It is the duty of our so-called community leaders and organizations to serve all of the community instead of leaving some to be dehumanized and have their concerns dismissed. Standing up against misogyny and racism might be "uncomfortable," but it's nothing compared to sitting through it. ●

*Jennifer Fumiko Cahill (she/her) is the arts and features editor at the Journal. Reach her at (707) 442-1400, extension 320, or [jennifer@northcoastjournal.com](mailto:jennifer@northcoastjournal.com). Follow her on Instagram @JFumikoCahill and on Mastodon @jenniferfumikocahill.*

*Thadeus Greenson (he/him) is the Journal's news editor. Reach him at (707) 442-1400, extension 321, or [thad@northcoastjournal.com](mailto:thad@northcoastjournal.com).*

*Kimberly Wear (she/her) is the digital editor at the Journal. Reach her at (707) 442-1400, extension 323, or [kim@northcoastjournal.com](mailto:kim@northcoastjournal.com). Follow her on Twitter @kimberly\_wear.*

## Whose Values?

Editor:

Christine Chapman (Mailbox, Jan. 26), have you ever asked yourself whose tradition you're basing your family values on? It's not the Bible, and it certainly isn't Christ. It's more likely Queen Victoria than anyone, and the intolerance of the culture keeping your traditions and their values created the counterculture in the first place. This is because you are not doing what Jesus would do, which is the counterculture.

You approve of husbands having multiple wives, following the tradition of Abraham, Jacob and David. Perhaps no wives, as Christ ...?

Your congregation supports those who are pro-abortion, following the tradition found in the Book of Numbers, chapter 5, detailing a potion to cause miscarriages. It is how your tradition values a jealous husband in the family. Surely you at least make an exception for the pregnant women killed by those conquering in the name of your god ... Your beloved pastor must be enlightened enough to know that the proper translation of Leviticus 18:22 and 20:13 is: "The husband who has sexual intercourse with a male, more than sexual intercourse with the one who is the wife, has turned his back on YHWH." It says nothing of those who are not married, or that a man can't marry another man.

Our battle is not against flesh and blood. Weak men talk about other men. Strong men discuss ideas. A sign of true intelligence is being able to hold opposing ideas in your mind at the same time, without losing your composure. Strength does not come from separation, nor does morality come from a book. Whatever the case may be, the god of the Bible does not dwell in houses built by men's hands.

*Ryan Greenwood, Arcata*

Editor:

It's hard to see how Pastor Bramwell "is still standing on God's word and values" as was stated in the "Traditional Family Values" letter.

I'm quite sure that Jesus said we are supposed to love other people. We're supposed to lay down our lives for them. And there aren't any exceptions.

## The Loneliness of Death

Loneliness, one dwells in lonely places, one sees lonely places, we feel the slight breeze of a sad glance through the wind, we hear the silent tweet of a mockingjay wondering if he will mock the wrong person.

Bang...he lays on the ground.

Why must one die, why would you commit corruption, a crime. Bird, Mockingjay.

— Abigale Thomas

I never hear anything from Christians about how they bothered to get to know gay people. To make friends with them. To love them in any way.

It's very clear in the Bible. You could look it up.

You also might consider Matthew 23:27.

*Nan Roberts, Eureka*

## 'A Major Faux Pas'

Editor:

There is a major faux pas in this week's NCJ (Feb. 2). On the front page, the headline reads: "Hospitals Are Struggling to Meet Earthquake Saftety Deadline." *Saftey*? The word is spelled "*safety*," not "*saftey*." I spotted this as soon as I found the NCJ on the stand. Come on editor, you can do better.

*El Arseneau, Eureka*

Editor:

I moved to Eureka a year ago coming up on the 16th of this month and the *North Coast Journal* was instrumental in settling me in here.

I would read it cover to cover learning about all the exciting venues and places to go and things to do which helped to make me feel at home again.

I was impressed by the great reporting but even more so by the fact that I could never find a typo virtually anywhere.

Fast forward and in the recent past few months, the typos started showing up, some so egregious that I couldn't believe it. So when I picked up the latest issue and the headline on the cover had the word "*safety*" spelled "*saftey*," I felt obligated to act.

I hereby offer my services as a proof-reader to you, and have already stopped by yesterday and left you my contact info.

I dare you to print this. Even Thad's



latest piece ("My Grand Uncle Leon," Jan. 19) had a typo at the end.

*Dave Aaron, Eureka*

## 'Thank You'

Editor:

Thank you for this, Brielle (Mailbox, Jan. 26). I am currently homeless in Arcata, and I feel you feeling our pain. Homelessness is a crisis, sometimes for the homeless, but more often than not homelessness is a crisis for the homed.

The most dire need is found in the tendency for homelessness to be a dumping ground for the mentally ill too peaceful to be put in jail. Back in the late 1970s and early 1980s, mental illness became a crime rather than a health and wellness issue. Mental institutions were closed, and those who didn't end up in jail, ended up on the streets. Most, if not all, are unique in their personal expression and backstory, but few are ever a threat, even to themselves. In my experience they either don't know they're mentally ill, or they do and don't hide it and openly cope with it.

The homeless are a community, and openness is part of it, like blue is to sky. We do tend to respect private spots, but

few things are hidden among us, and this results in a more mature, personalized approach to any given situation. We see the same handful of people coalescing around the same areas with generally repetitive intents, day in and day out. We have few, if any, places to run and hide on a bad day, and our mental and emotional states are broadcast for all to see, and help, and learn from.

I am planning to speak to the Arcata City Council at the upcoming meeting. I will be addressing my experiences and highlighting comments and concerns I have heard. I also plan to read your letter to the editor, so thank you again for providing the perfect personal touch to my logical approach.

*Ryan Greenwood, Arcata*

## Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to [letters@northcoastjournal.com](mailto:letters@northcoastjournal.com). The weekly deadline to be considered for the upcoming edition is 10 a.m. Monday.



# NCJ Pet Photo Contest



**This year we're lending our paws to a cause! Submissions are just \$1 each and the proceeds benefit Miranda's Rescue.**



### Submit

**FEB. 1-13**

Submit photos Feb. 1-13, \$1 per entry in ALL NEW categories! Enter as many photos in as many categories as you like.



### Vote

**FEB. 14-19**

Vote for your favorites Feb. 14-19. One vote per day, per category.

[petphotos.northcoastjournal.com](http://petphotos.northcoastjournal.com)



### Winners

**PUBLISHED FEB. 23**

Winners will be published in the February 23, 2023 edition of the North Coast Journal in print and online.

**Sponsored by:**   



Big Trouble

# Volunteers Wanted!

## DO YOU HAVE WHAT IT TAKES TO BE A VOLUNTEER FIREFIGHTER?

### APPLY TODAY

- No experience, certification, or training necessary to apply!
- Connect with your community
- Help others while learning new skills
- Must be 18 years or older
- Resident & Intern options available
- Career training opportunities



**Fortuna Volunteer Fire Department**  
320 S. Fortuna Blvd., Fortuna, CA 95540  
(707)725-5021

For more information, please visit:  
[www.fortunafire.com](http://www.fortunafire.com)  
<https://www.facebook.com/FortunaVolunteerFireDepartment/>





# LOVE HER WILD SALE!

FEBRUARY 13TH & 14TH - TOP OF THE HILL G ST



## 10% OFF WINE & FLOWERS

Seniors save 20% with your Elderberry Discount!



# An Upstream Intervention

Open Door hopes state grant will help address impacts of childhood trauma

By Iridian Casarez

newsroom@northcoastjournal.com

**O**pen Door Community Health Centers will be fortifying efforts to help providers regularly screen for adverse childhood experiences and streamline access to support systems for Humboldt and Del Norte County children, thanks to a grant from the California Department of Health Care Services.

Specifically, Open Door received a Preventing and Responding to Adverse Childhood Experiences-Associated Health Conditions and Toxic Stress in Clinics through Community Engagement (PRACTICE) grant that is aimed at “increasing the workforce and services needed for primary care clinics to expand and sustain screening and response to [adverse childhood experiences (ACEs)] and toxic stress in local communities.” The grant will be implemented at Open Door’s Del Norte and Eureka clinics.

Open Door Vice President of Operations Sarah Ross, who is supervising implementation of the PRACTICE grant, said screening for ACEs is a type of “upstream intervention.”

“The idea being going to the source and the root of the problem to prevent disease and unhealthy outcomes later in life,” Ross told the *Journal*. “If we can help support pregnant women, postpartum women, children earlier in their journey, the more tools they’ll have for resiliency and for a healthier life.”

Adverse childhood experiences, or ACEs, are traumatic events experienced in childhood. The U.S. Centers for Disease Control and Kaiser Permanente quantify “adverse childhood experiences” with 10 different categories of stressful, traumatic experiences that include experiencing sexual, emotional or physical abuse, or emotional or physical neglect; living in a household with someone who suffers from mental illness, domestic violence, substance abuse or divorce; or having an incarcerated relative. Each experience counts as one “ACE,” with

the cumulative total known as a person’s ACEs score on a scale of one to 10.

First 5 Humboldt Executive Director Mary Ann Hansen previously told the *Journal* that ACEs go beyond the 10 outlined by Kaiser Permanente and the CDC. Any stressful situation in a child’s life — like experiencing a natural disaster and losing their home or being discriminated against — can have far-reaching impacts on their life if they don’t have the coping skills to ease stress.

In 2014, through the Center for Youth Wellness, former California Surgeon General Nadine Burke Harris found when children are exposed to a variety of stressful experiences, their bodies create an overwhelming amount of cortisol, a stress hormone, putting them in a constant fight-or-flight mental state. A large, constant amount of cortisol produced in growing bodies has been found to cause higher rates of poor physical and mental health outcomes in adulthood, including heart disease, diabetes, substance abuse and depression, among others. These conditions are now known as “ACE-associated health conditions.”

The Center for Youth Wellness report found that Humboldt and Mendocino counties combined have the highest childhood trauma rate in California, with roughly 75 percent of residents having experienced one or more ACEs and 30 percent having experienced four or more. Meanwhile, 69 percent of residents in Plumas, Sierra, Siskiyou, Lassen, Modoc, Trinity, Del Norte and Shasta counties combined have experienced one or more ACEs, with 23 percent having experienced four or more ACEs.

Harris found the best way to overcome toxic stress is to build resiliency for traumatic situations by teaching children and adults the coping skills needed to manage their stress in healthy ways, like forming and maintaining healthy relationships, exercising and eating healthy. She also noted another way to help reduce

stress in children and families would be to provide them with needed social services, like food pantries, access to secure housing, parenting classes, counseling and more.

Since the release of the CYW report, the state and Humboldt County have been working to reduce high rates of childhood trauma. Local schools are enacting more trauma-informed approaches to discipline, while other organizations are creating more resources for families and kids in need. Local health clinics, including Open Door and Redwood Pediatrics in Fortuna, have started screening for ACEs using a survey called Pediatrics ACEs and Related Life-events Screener (PEARLS), which asks patients questions about their living situation, whether they have seen domestic violence in their home and other ACE-related questions.

Once patients complete the survey, clinicians and providers document their experiences and connect them with appropriate resources. For example, if a patient indicates they are food insecure, their providers can refer them to a nearby food pantry. Or if a patient needs counseling, clinics can refer them to a behavioral therapist, or refer parents to a parenting class or sibling support groups if they need it.

Connecting patients to proper resources is the most important step in the ACEs screening process, as it can exponentially help families and children build skills needed to handle stressful situations and alleviate toxic stress.

Open Door implementation specialist Deja Kono said the PRACTICE grant will help Open Door create a pilot software system to guide the clinical workflow of screening for ACEs and making referrals to organizations using a “closed-loop” system in which the clinic, local nonprofits and other health organizations connect to easily document when patients are referred to resources, and whether they actually received services.

The idea of the “closed-loop” software referral system has been discussed by the California Surgeon General Office’s ACEs Aware Initiative and one of Open Door’s champions of the ACEs efforts locally, pediatrician Mike Mangahas.

In previous ACEs coverage, Mangahas told the *Journal* it’s difficult for physicians to oversee referrals and ensure patients are getting the services they need without a software system in place to track them.

This “closed-loop” system ensures patients get the care they need outside of the clinic and creates a clear network between organizations and Open Door.

In addition to the creation of the software system, the grant will also fund efforts to audit Humboldt and Del Norte’s available social services to identify gaps in care and services.

“This is referencing the resources, programming and workforce that we currently do not

have that has been identified as a need in our community. For example, childcare not having enough affordable options, [adding] more parent support groups and transportation options,” Kono said, adding that through a statewide learning collaborative, Open Door and other organizations will be able to leverage existing and new sources of state funding to fill in these gaps.

In collaboration with Open Door through the PRACTICE grant, First 5 Humboldt, First 5 Del Norte and Partnership HealthPlan of California will spearhead efforts to expand “evidence-based” buffering services and integrate other community-based organizations into Open Door’s referral network.

First 5 Humboldt and First 5 Del Norte will also employ two “community health workers” to support Open Door in creating a comprehensive, team-based network of care and act as a type of case manager who helps families address unmet basic needs, navigate referrals, monitor patient needs and ensure follow-up and provider communication.

All in all, the PRACTICE grant is intended to help the Humboldt and Del Norte Open Door clinicians regularly screen for ACEs and help communities create more buffers through necessary services to protect children and reduce the effects of ACEs and toxic stress, an upstream intervention hoped to have a great impact in an area with the worst rates of childhood trauma in the state.

Open Door’s partners and clinicians are excited to implement the grant to help North Coast children build resiliency, according to Mangahas.

“This grant says, ‘We are all in this together.’ This is an amazing opportunity to build and strengthen relationships with our community partners already doing this important work,” Mangahas said in an Open Door press release. “It will make such a difference to Open Door as we integrate mental and behavioral health into our clinics, and help our families raise resilient children and reduce family trauma.” ●

*Iridian Casarez (she/her) is a staff writer at the Journal. Reach her at (707) 442-1400, extension 317, or iridian@northcoastjournal.com.*



# Supervisor Bohn Makes Misogynistic Comment at Chamber Event

Chamber CEO: ‘We do not support sexual harassment or disrespect’

By Thadeus Greenson  
thad@northcoastjournal.com

Amid the fallout from Humboldt County First District Supervisor Rex Bohn’s misogynistic comments while serving as an auctioneer at her organization’s Jan. 27 fundraiser, Eureka Chamber of Commerce President and CEO Nancy Olson said the nonprofit is taking steps to prevent something similar from happening in the future.

Bohn’s comment came at the Eureka Chamber of Commerce’s Cocktails and Crooners fundraiser and 2023 awards gala at the Sequoia Conference Center, which was attended by hundreds of people. When a tour and dinner for eight donated by a local woman-owned restaurant came up for bid, Bohn said that if the bids got high enough, the owner would “serve topless,” as recounted to the *Journal* by multiple attendees.

In a statement sent to the *Journal* in response to a request for comment, Olson did not address Bohn by name but indicated she regrets an “incident” like this happened at an event aimed to celebrate “exemplary local businesses, organizations and individuals” and welcome new board members.

“Our chamber stands for inclusion and respect,” Olson said. “We do not support sexual harassment or disrespect of people of any gender, regardless of humorous intent. We regret that an incident involving this type of behavior happened at our event and that it caused harm. We are taking, and will continue to take, steps to mitigate the chance of something like this happening at any of our events, meetings or gatherings in the future.”

Bohn’s comments first spilled into full

public view during the Jan. 31 meeting of the Humboldt County Board of Supervisors, which opened with him reading a brief prepared apology. Immediately after the Pledge of Allegiance, Bohn asked Chair Steve Madrone if he would “indulge” him “for a moment.” After Madrone gave the OK, Bohn quickly read from a brief prepared statement.

“It has been brought to my attention that this weekend I was an auctioneer at my 742nd auction — volunteer auctioneer — and said something that was inappropriate,” Bohn said. “I want to apologize and for that acknowledge it. Thank you.”

The board then dove into its regular agenda, leaving it unclear exactly what Bohn had apologized for. But the matter came back up in the board’s last agenda item of the day, a presentation on the county’s Workplace 2030! initiative, on ongoing effort to implement an organizational culture change in county government. A presentation by staff was followed by brief statements from Madrone and Second District Supervisor Michelle Bushnell that appeared somewhat off topic. Madrone used himself as an example, pointing to a time when he made an “inappropriate” comment that he had to be made aware of and saying the first step was apologizing, but then he really needed to “embrace the change.” Bushnell then said communication is key, saying she’s noticed “our culture or even our board here” can be intolerant and get into “tattletale-type things” when she believes it’s “so important” for someone who’s taken offense to a comment or action to “communicate with someone on an individual level first.”

Recently seated Fourth District Supervisor Natalie Arroyo then indicated she had some “additional comments” she wanted to make after public comment on the agenda item, and addressed a question to staff about its presentation. After some further discussion, Madrone again turned the microphone over to Arroyo, who said she sees these “ideals” in the initiative that the board is essentially “adopting” — things like “respectful exchanges, treating others with dignity and cultivating public trust” — and that she’d received a comment from a member of the public that she wanted to read in to the record in full because “it addresses something that happened recently.”

Before launching into the statement, Arroyo, appearing nervous, said she felt like the board “was talking around an issue” and that “something happened this last weekend with one of my colleagues and I’m still feeling like the efforts that were made to address it don’t feel very complete or holistic.”

Arroyo then read the comment submitted by Leila Roberts, which began by noting that Bohn had made a “sexualized joke” about a local business owner three nights earlier in front of a “packed room of more than 200 business and community leaders gathered to celebrate the region’s most effective, most generous institutions.” Roberts then described the impact of Bohn’s joke on the business owner it was about.

“I watched her face fall, even as she was surrounded by friends and admirers,” Arroyo read, quoting from Roberts’ statement. “I saw disgust, confusion, stunned

*Continued on next page »*



Lovers' Boutique

223 2nd st  
Eureka

Open Daily

GoodRelations.com



## CULTIVATE Your Career!

**SHIPPING  
FORKLIFT OPERATOR**  
**\$18 - \$31.25**

**FERTILIZER PRODUCTION  
LABORER**  
**\$18 - \$28.85**

**SOILS PRODUCTION  
LABORER**  
(DAY AND NIGHT SHIFTS AVAILABLE)  
**\$18 - \$26.44**

**SAFETY COORDINATOR**  
**\$55K - \$75K PER YEAR**

**ALL WAGE OFFERS ARE BASED  
UPON THE EDUCATION  
AND EXPERIENCE OF THE  
CANDIDATE.**

**ONLINE APPLICATION AT:**  
**www.FoxFarm.com/Careers**

— NO PHONE CALLS PLEASE —



## Tofu Shop

www.tofushop.com

Locally made, organic, artisan tofu –  
fresh, baked, smoked  
– since 1980.



## Redwood Wishing Wells

707.362.2808

Working hand  
cranks,  
various sizes,  
garden or gifts.  
Now offering  
Garden  
Benches  
various sizes  
available.



## Celebrations Tamales

We're in the freezer section at the  
grocery store. Also, available  
at the farmer's market!



## Jessicurl

jessicurl.com

Made locally, sold  
around the world  
since 2002.



## Los Bagels

losbagels.com

Fresh La Granola  
available at a  
location near you!



## Kinetic Koffee

www.kinetic-koffee.com

Treat your sweetie and yourself  
to a sultry little Sumatra this  
Valentine's Day

Always 100% Organic,  
Low Acid and Local!



Caffeinating Humboldt County since 2005.

## We grow Humboldt County Businesses.

Contact the North Coast Journal  
sales staff for more information.

Kyle Windham  
Sales Manager  
Bryan Walker  
Senior Advertising  
Representative  
Heather Luther  
Advertising Representative  
442-1400

## NCJ NEWS

Continued from previous page

silence among some audience members who heard the comment. A few laughed uncomfortably. This event was a triumphant and joyful return to in-person celebration for an organization also led by one of our community's most extraordinary women leaders. How can Mr. Bohn have taken this as an opportunity to demean one of the event's donors?"

Roberts' statement went on to describe Bohn's comment as a "classic expression of hostile sexism."

"It's not funny; nor is it a small glitch," her statements reads. "Disparaging humor is a classic strategy to delegitimize, devalue and dehumanize a member of another group. It's a widely studied phenomenon with reams of data to back up how damaging this can be. There are currently 1.24 million women-owned employer firms in the country, and studies show over and over how many left their former firms because of discrimination in the workplace, only to encounter discrimination as entrepreneurs as well."

In an email exchange with the *Journal* after the meeting, Arroyo said she attended the chamber event on Friday, and actually wound up the winning bidder on the item in question, saying she'd come to the event planning to bid on it. As such, she said she "could not have missed" Bohn's comment, saying others at the event also "expressed concern" about it.

Eureka Mayor Kim Bergel said she was chatting with some other people at her table when the comment was made, saying "it kind of stopped the conversation for a moment" amid a collective sense of, "Did that just really happen?" Bergel said that while she didn't take personal offense at the comment, she felt it was inappropriate and elected officials are and should be held to a higher standard and model good behavior.

But Bergel said she's also been on the receiving end of this type of comment from Bohn previously, saying she was participating in the Perilous Plunge fundraiser, representing the school she worked for, some years back, with Bohn serving as the event's announcer. Bergel said she was wearing very high-heeled shoes, which she speculates caused Bohn to say into the microphone to the assembled crowd that she "looked like a pole dancer."

"I didn't appreciate it," Bergel said.

This isn't the first time Bohn has drawn criticism for making comments widely construed as demeaning. At a fundraiser in March of 2019, while auctioning off a Mexican food dinner, he asked the donor if it was "so authentic that we're going to

want to steal hubcaps after we eat."

Bohn did not respond to a request to comment for this story and attempts to reach the business owner who was the subject of the sexist and crude comment were not successful. Multiple other attendees of the event declined to comment on the record.

Some have questioned whether the comment was in violation of the Humboldt County Board of Supervisors' code of conduct, which states that board members' professional and personal conduct must be "above reproach" and they should "practice civility and decorum," and refrain from abusive conduct. The board has also in recent years passed abusive conduct and harassment policies that would seemingly outlaw similar behavior in a county workplace. Bohn voted in support of all three measures.

At the Jan. 31 board meeting, Roberts' comment ended with an urging that the board "address this unacceptable pattern of behavior with their peer." After reading Roberts' remarks into the record, Arroyo said she has addressed the matter with Bohn directly, and she understands he's reached out directly to some involved. But she said the statement involved was "quite egregious" and made at a "very large public event," so she feels a "more comprehensive response is warranted toward prevention."

Third District Supervisor Mike Wilson thanked Arroyo for her comments, saying it's "uncomfortable" and "takes bravery" but did not add anything further. With no further conversation, the board voted 5-0 to accept staff's report on the Workplace 2030! initiative and adjourned.

Eureka City Manager Miles Slattery said he attended the chamber event but didn't hear Bohn's comment when it made and was told of it afterward. Slattery said he was "amazed" to later bring it up to a chamber member only to have them dismiss it as, "Rex being Rex." Slattery said he told the member, who he declined to identify to the *Journal*, he felt Bohn should have been cut off, saying he believes it important to address situations like these in real time so they are not later "minimized."

"If someone had said this at a city of Eureka event, that person would have been pulled from the stage and asked to leave," Slattery said. ●

Thadeus Greenon (he/him) is the Journal's news editor. Reach him at (707) 442-1400, extension 321, or thad@northcoastjournal.com.



# Eureka Needs to Stand Up to its Playground Bully

By Susan Seaman

newsroom@northcoastjournal.com



File

Once again, Eureka City Schools (ECS) has created an uproar. This time, it has threatened litigation to wrest control of Academy of the Redwoods, a school that has been operating under the authority of Fortuna Union High School District. There's no strong reasoning for the sudden interest in the school except that it's within ECS' boundaries, just as it has been for 17 years. ECS allowed another district to oversee the college preparatory program until it was fully formed and successful, making it a safe financial asset to conquer.

It took a similar tactic in 2016 with Pacific View Charter School, which used to be part of the Loleta Union Elementary School District but, according to the California School Directory, now is run by ECS.

We teach our kids to play well with others but, as leaders, Eureka City Schools is not a great role model in that area. It has behaved more like the playground bully.

Just a few months ago, back in November, an inability to hold on to strong administrative team members was tied directly to leadership at Eureka City Schools. The departures inspired outrage in staff, students and the community, with walk-outs and a contentious special school board meeting. Following the meeting, however, the board closed the issue with a letter of support for Superintendent Fred Van Vleck. It did not include any direction to staff to address the underlying problems.

In May of 2022, the district proposed, and the board approved with a 4-1 vote, a development fee adding \$4.79 per square foot for residential construction and \$0.78 per square foot for commercial or industrial construction. With housing the single biggest issue in the region, these additional costs will translate to greater housing security issues for everyone, including student families, school district faculty and staff. The fees, which could have hampered new construction projects,

have quietly disappeared without being implemented after some public threats of a lawsuit, but my understanding is they are still being pursued with the help of a hired consultant.

In January of 2022, after the South Bay Union School District superintendent moved to Eureka City Schools as an assistant superintendent, South Bay was temporarily taken under the wing of Eureka City Schools. While ECS would have been more than happy to make it a permanent "partnership," parents, staff and the South Bay School Board fought back and succeeded, keeping their autonomy.

In March of 2019, after the property had sat vacant for more than a decade, frustrated neighbors near Jacobs School in South Eureka banded together to put pressure on Eureka City Schools. They wanted ECS to address the blight and crime that was plaguing their neighborhood because of a lack of attention to the school campus. The property was finally abated, but still sits empty and undeveloped because the district's asking price is far above the appraised value.

The California School Board Association says a school board member's primary responsibility is to "ensure that school districts are responsive to the values, beliefs and priorities of their communities."

By avoiding transparency, pointing to outside threats and touting fiscal responsibility, ECS administration can control the narrative with the board, directing its members and not the other way around. This dynamic trumps community priorities.

Administration knows the board is the only way to change this trajectory. Besides writing the letter of support for the superintendent, the board also renewed his contract for four years. Unless Van Vleck does something clearly unethical or illegal, buying out his contract — the price of firing him — comes with a very expensive price tag. The more there are calls for his removal without result, the more the com-

munity becomes defeated when it doesn't happen. There needs to be a strategy that looks at the long-term landscape.

The superintendent's contract is due to renew in June of 2024 and the current board is the board that will likely be voting to extend it when it comes up. There are no opportunities to elect new school board members before the contract is up. (Two candidates will be up for re-election immediately following the contract renewal and three more will be up for election in 2026.)

Here are some thoughts about how to affect change in the district within the next six years:

It may sound counter-intuitive, but keep your kids in neighborhood schools. Eureka City Schools has amazing teachers, staff, programs and students. The district can better reflect the community when local children attend the schools. Students can flourish there, and active parents have more weight for making change. When people leave, it weakens the whole district, not just financially but by limiting parent support and advocacy.

Develop relationships with your school board members. Remember to reach out to them to let them know when you see something positive. That makes it easier for them to hear the negative feedback when needed.

Demand transparency. Advocate for school board meetings to be televised like other government meetings. Advocate for a reasonable public comment or agenda item comment timeframe. (For major issues, limiting comment to 30 minutes is a disservice for people who want to participate in the process.) Request board agendas be sent to you regularly to stay on top of district issues. You don't have to have an opinion about everything the board does, but you want to stay notified of decisions that may affect you, your student, your neighborhood or your community.

Organize and stay focused. As much as

possible, advocate for what you want to see, not what you don't want to see. Be specific, pointing out initiatives and policies that can be used at ECS. The South Eureka Neighborhood Association has made an impact on the Jacobs property by organizing, demonstrating that the public can make a difference.

For parents who live in the ECS district but have students attending other schools, create an "ex-pat parent group" to support the evolution of ECS. Organize and communicate about how to make Eureka City Schools more attractive to you as parents so future students can benefit from your experiences. If you live in Eureka, you benefit from a healthy school district, whether you have kids there or not.

Join music boosters, sports boosters or support one of the many multicultural, science or art clubs. When you donate directly to those groups, the district cannot dictate what happens with that money. You do not need to be affiliated with the school.

Same for joining the PTA. You can join almost every PTA in the district for somewhere between \$50 and \$70 total. A strong PTA provides stronger advocacy for parent voices. No school affiliation necessary.

Start thinking now about running for a seat on the school board. It makes such a huge impact, not just for the schools but the whole community. For those who can't run, help with a campaign or, at least, learn about the people who are asking to serve in that role.

I am not writing this because I dislike Eureka City Schools. I love Eureka City Schools. More importantly, I love Eureka. We will never be our best as a city until Eureka City Schools reflects the values of our community. ●

*Susan Seaman (she/her) served as Eureka's mayor from 2018 through 2022.*





Dear Friends

February 2023

Happy 2023 to all of you from the Friends of the Ferndale Library Council. Once again we ask you to consider renewing your membership to the library. It is because of your generous support that we've been able to complete so many improvements to the library in 2022:

- Landscaping plus maintenance for one year (J&G Lawn and Garden)
- New concrete front entrance steps (DCI Builders)
- New railings at front and sidewalk (Fortuna Iron)
- Front storm doors restored and painted (Daniel Lawrence)
- Flag pole base power washed (Kim Jorgensen) and painted (Friends of the Library)
- And -in the summer of 2023 - the exterior of the library will be painted (Brian Mogel)

In 2017, the library was informed it must meet the Americans with Disabilities Act (ADA) accessibility requirements. Since then, a number of major improvements have brought the exterior into compliance. Plans call for the interior work to be completed by next year, when the library will be able to welcome everyone to come inside and enjoy all that it has to offer. In the meantime, please come in and meet our new librarian Daniel Ilgenfritz.

We thank you for your support for our beloved library.  
May it continue to serve everyone in our community for years to come.

(Please detach and return membership below)

**Your Help in keeping our  
Carnegie Ferndale Library  
growing is appreciated!**

**Please make check payable to:**

Friends of the Ferndale Library

Please send to: PO Box 176  
Ferndale, CA 95536

Keep this portion for your records,  
amount paid: \_\_\_\_\_ 2023

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Email: \_\_\_\_\_

Individual: \$25\_\_\_\_ Family: \$30\_\_\_\_ Supporting: \$50\_\_\_\_

Business/Organization: \$75\_\_\_\_ Patron: \$100\_\_\_\_

Lifetime: \$500\_\_\_\_

**PO Box 176, Ferndale, California 95536**



# Most Cal Poly Humboldt Housing to be Freshmen Only, Displacing Students

Counting anticipated “unprecedented growth” due to its recent Cal Poly Humboldt status, the university is limiting the vast majority of on-campus housing to freshmen starting next year, which could leave an unknown number of students without a university-managed option amid an already impacted rental market.

The decision could displace as many as 1,000 students currently living on campus.

A message to continuing students on the Cal Poly Humboldt Housing and Residential Life page states the university is committed to “offering housing for all first-year students and accommodating as many transfer and returning students” as possible by continuing and increasing “bridge housing options” in the 2023-2024 school year, which are rooms at Valley West area motels.

The current plan, the message states, is for freshmen to be housed on campus, for transfer students to have the option of the College Creek Apartments, Super 8, Motel 6 or Comfort Inn and for continuing students to stay at the Comfort Inn, Super 8 or Motel 6, with “additional options pending.”

“We are also committed to these bridge housing options having extra amenities to enhance the experience for students, as we realize living on campus may have been the preferred option,” the message states.

The posting goes on to state that more information on additional options will be made available soon and asks for students’ “patience as we finalize contractual agreements for additional spaces and services.”

According to CPH spokesperson Grant Scott-Goforth, the university “expects to have about 1,000 returners needing housing next year — that is those cur-

rently living on campus that may return and request on campus housing, based on historical data and demand.”

A change.org petition started by an individual who describes themselves as the parent of a CHP student, states the university needs to “consider a more fair approach” to the housing situation and had nearly 1,600 signatures just before noon Feb. 7.

“If Cal Poly Humboldt does not have the facilities to properly house their student body, they should not increase enrollment and should work with the CSU to address this crisis properly,” the petition states. “We demand that further actions be taken to make the access to student housing fair for all students, and that parents be included in problem solving options so that our students are not left struggling when they should be studying.”

Combined, the three hotels offer around 350 beds, according housing information on the CPH website, while the dorm options being offered to freshmen and transfer students in on-campus housing at the College Creek Apartments has a total of just more than 2,000 beds.

“At this point, we are planning to add approximately 1,000 beds to ensure current students have safe and affordable housing options managed by the university,” the statement reads.

The lack of housing options for Cal Poly Humboldt students has long been a concern — one that President Tom Jackson also noted in January of 2022 amid the fanfare of the campus officially becoming a Cal Poly, saying “our biggest challenge still remains housing — student housing and community housing.”

The housing crisis came into greater focus in the 2015-2016 school year, when enrollment numbers peaked at about

8,500 students. Around the same time, the then Humboldt State University hired Brailsford & Dunlavey, Inc. to conduct a student housing demand analysis, which found the university’s “housing portfolio” was undersized and aged, and that the surrounding Arcata housing market was so constrained it left some students unable to find housing and sleeping in their cars or camping in the woods.

As part of a 2021 self-study conducted before HSU became the state’s third polytechnic university — and the only one in the northern reaches of the state — the campus predicted the designation would come with a rapid increase in enrollment in the space of a few years — growing to nearly 11,000 students by 2028.

Early indications are that prediction is on course.

After gaining the Cal Poly title, early numbers showed first-time undergraduate applications for the 2023-2024 school year increased by 86 percent while other categories, such as transfers or graduate students, grew by 75 percent, according to a November press release.

In his comments last year, Jackson said he expected “even a little growth” in off-campus housing development, coupled with on-campus housing projects, will be enough to meet demand.

He also noted that some of that \$433 million in one-time state funds the university received for the polytechnic transition would go toward housing. Cal Poly Humboldt currently has five plans for student housing, including the construction of two brand new housing complexes (one off Sunset Court across the street from the current student health center and another off Laurel Drive), as well as the addition of two multi-story parking garages.

The university is also set to break

ground this month on an off-campus housing project at the former Craftsman Mall site located about a mile off campus, which is slated to accommodate 964 students, according to CPH, with an estimated move-in date of fall of 2025.

Meanwhile, continuing students’ options for university-managed housing will mainly be limited to the Valley West motels, an option which started in this fall with the Comfort Inn and has now grown to include the Super 8 and Motel 6 sites.

“Housing has long been a challenge in this area, for students and community members,” Scott-Goforth said. “The off-campus residences being offered this next year are more than the university has ever offered, even when it was at its all-time enrollment high in 2016. So the University is working hard to try and expand housing. The hotel property leases are a temporary solution while new campus housing is built.”

In an announcement sent out to students Feb. 6, CPH states that surveys and conversations with current residents at Comfort Inn “have revealed their satisfaction with this option.”

The “bridge housing” will be offered for \$6,624 for two semesters, compared to the on-campus rate that ranges from around \$10,500 to \$14,500.

“Our term for these temporary beds is ‘bridge housing,’ housing that is temporarily controlled by the university to bridge demand until our new housing facilities come online in the Fall 2025 semester,” it states. “We continue to explore other options beyond these motel partnerships and look forward to sharing those as they are finalized.”

— Kimberly Wear  
POSTED 02.06.23

## Make us a part of your daily life

For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

**Philp Dies:** Former Humboldt County Sheriff Gary Philp died Feb. 6, surrounded by his family. He was 71. Philp, who had a 38-year career in law enforcement, served as sheriff for eight years before retiring in 2010. POSTED 02.07.23

**McKinleyville Death Investigation:** The Humboldt County Sheriff’s Office is reporting that a domestic violence incident likely led to the deaths of a 63-year-old man and a 54-year-old woman found in a McKinleyville home Feb. 6 by deputies conducting a welfare check. POSTED 02.07.23

**Two More COVID Deaths:** Humboldt County Public Health reported Feb. 1 that the county had confirmed two more COVID-19 deaths since its last report Jan. 25. The deaths marked the county’s 168th and 169th since the pandemic began. POSTED 02.01.23.



Fish make way for a passing otter on the South Fork Eel River on Aug. 23, 2022. Photo by Talia Rose



# Wild 2.0

Local photographer Talia Rose’s little stretch of the river is changing

Photos by Talia Rose  
newsroom@northcoastjournal.com



Feral piglets get a drink from the South Fork Eel River on Aug. 31, 2021.  
Photo by Talia Rose

For 16 years now, Talia Rose has spent nearly every morning walking a small stretch of the South Fork Eel River from the backyard of the cabin she calls home near the Humboldt-Mendocino county line and photographing what she finds. Primarily self-taught, it’s a passion borne of patience, a deep connection with place and a perhaps deeper fascination with the various wild-life that share that place with her.

In the four years since the *Journal* first featured Rose’s work (“Wild,” Feb. 28, 2019), she says that place has also changed. Rose says she noticed the first such change in May of 2020, when she spotted something swimming upriver that was too big to be a mink and didn’t swim like an otter.

“I thought, ‘Oh my god, it’s a beaver,’” Rose says excitedly, adding that beavers





A coyote appears to eye photographer Talia Rose on the bank of the South Fork Eel River on Nov. 1, 2020.  
*Photo by Talia Rose*

had been considered extinct in the area since the fur trapping days but have begun to make a comeback, building various dams along the South Fork in recent years. Rose says she's also witnessed the drought's profound impact in recent years, as the winter downpours that once swelled the river and scrubbed its bed of the debris, brush and seedlings turned to sprinkles that left the river banks cluttered, with new stands of alders stretching skyward. She says dried creeks and streams also likely sent a herd of wild pigs out of the hills and into the valley, where it has now proliferated, tearing up meadows and people's farms.

"They can have several litters of babies in a single year," Rose says. "It's become a real problem."

The wild turkeys — which she says

she never used to see in the valley — are probably a similar story.

A brighter note, she says, are the Canada geese, an errant one or two of which used to be spotted along the river on occasion but in recent years have shown up in huge numbers.

Asked why all the changes in the place she's called home for more than 30 years, Rose doesn't hesitate.

"The climate is changing," she says. "All bets are off. Everything that was true a decade ago is no longer true, and everything is changing."

— Thadeus Greenson

*Continued on next page »*

*Experience Love*

**WITH EVERY SENSE**

The **SPA** at  
Personal Choice

**CHOCOLATE PACKAGES**

- ♥ massage
- ♥ aromatherapy body scrub
- ♥ anti-stress treatment
- ♥ pedicure

GIFT CERTIFICATES • CHOCOLATE SPA TO GO GIFT BOXES

130 G Street • EUREKA • 707.445.2041

thespaatpersonalchoice.com

**Elevate winter fun.**

**The 2023 Subaru Outback Wilderness.** A long winter won't keep you down when you have standard Symmetrical All-Wheel Drive paired with 9.5 inches of ground clearance. Honda Passport, Toyota RAV4, or Hyundai Santa Fe can't match that.  
**Adventure, elevated.**

Vehicle shown with accessory equipment.

**SUBARU**

**Special APR Financing available on new 2023 Subaru models now through February 28th, 2023**

2022 SUBARU  
**OUTBACK**  
PREMIUM

- The 2022 Subaru Outback is a 2022 IIHS TOP SAFETY PICK+ (excludes Wilderness models).
- Best Resale Value in its class for 3 years running, according to Kelley Blue Book.<sup>54</sup>
- 97% of Subaru Outback vehicles sold in the last 10 years are still on the road today, more than Honda CR-V, Toyota RAV4, or Hyundai Santa Fe.<sup>51</sup>

NDD

2023 SUBARU  
**CROSSTREK**  
PREMIUM

- Best Resale Value in its class for 3 years running, according to Kelley Blue Book.<sup>54</sup>
- 97% of Subaru Crosstrek vehicles sold in the last 10 years are still on the road today, more than Honda CR-V, Toyota RAV4, or Jeep Compass.<sup>56</sup>

PRC/PRD

**McCrea Subaru**

1406 5th Street Eureka • 442-1741

www.mccreasubaru.com

Based on Experian Automotive vehicles in operation vs. total new registrations for MY2012-2021 as of December 2021.

Vehicle's projected resale value is specific to the 2020-2022 model years. For more information, visit Kelley Blue Book's KBB.com. Kelley Blue Book is a registered trademark of Kelley Blue Book Co., Inc.

northcoastjournal.com • Thursday, Feb. 9, 2023 • NORTH COAST JOURNAL 15



# REMODELING SALE

(CLOSING FEB 13-17 FOR REMODEL)

## UP TO 75% OFF

PLUS ADDITIONAL 50% OFF SELECT SALE PRICES

- \$30 AND UNDER RACK
- \$25 AND UNDER ACCESSORIES
- 60% OFF SELECT JEWELRY

### GREAT BRANDS

ALL SALE ITEMS **MUST GO!**

Follow us!  




#### CIARA'S

IRISH SHOP


FINE EUROPEAN FASHIONS

2nd & E Streets,  
Old Town Eureka  
Mon-Sat 10am-5:30pm,  
Sun 12pm-4pm  
(707) 443-0102  
ciarasirishshop.com

## YOUR KNOWLEDGE CAN CHANGE LIVES



Donate 10-12 hours a month of your time to advocate for residents in nursing homes and assisted living facilities. Advocates are needed in Crescent City, Eureka, and Fortuna areas.



AREA 1  
Agency on Aging

A program of Area 1 Agency on Aging  
llangston@a1aa.org

For information on becoming an Ombudsman Volunteer,

**CONTACT THE LONG TERM CARE OMBUDSMAN 707-269-1330**

## FEBRUARY IS THE MONTH OF FREE







Free Bed Frame

Free Pillow

Free Box Spring

available Feb 10-27th

### WITH PURCHASE OF MATTRESS SET

restrictions apply

Mon-Sat 10-6 Sun 11-5

Arcata (707) 822-9997

Eureka (707) 444-2337

Fortuna (707) 725-2222

www.mooressleepworld.net

## NCJ ON THE COVER

Continued from previous page



A curious juvenile mink explores the bank of the South Fork Eel River on Sept. 30, 2022.

Photo by Talia Rose



A green heron walks along a piece of driftwood on Sept. 18, 2020, near the South Fork Eel River. Photo by Talia Rose





An otter basking in a sandy patch along the South Fork Eel River on May 23, 2021.

Photo by Talia Rose



An osprey prepares to take off from the bank of the South Fork Eel River on Sept. 25, 2021. Photo by Talia Rose

Continued on page 19 »

**HUMBOLDT**  
MORTGAGE  
SINCE 1964

- STRAIGHT TALK
- WELL ESTABLISHED
- MORE OPTIONS



**(707) 445-3027**

2037 HARRISON AVE. EUREKA, CA

WWW.HUMBOLDTMORTGAGE.NET  
CALBRE: #01144618 NMLS: #323296



**The Sea Grill**  
Sea to Plate since '88



Call for your  
**Valentine's Day**  
reservation

Tues. - Sat. 5-9pm  
Bar Opens at 4

PLEASE CALL AFTER 3:30PM  
TO PLACE YOUR ORDER  
FOR PICK UP OR DELIVERY

316 E ST • OLD TOWN EUREKA • (707) 443-7187  
WWW.SEAGRILLEEUREKA.COM



SEE OUR ASSORTMENT OF  
**VALENTINE'S DAY CAKES**  
AT OUR  
HENDERSON CENTER LOCATION!



**502 HENDERSON STREET**  
**EUREKA / 442-1522**





NEW YEAR  
HEALTHIER  
YOU

**NO EXCUSES** **We Make Fitness AFFORDABLE**

Whole Family \$25 Processing Fee.

Recieve 1<sup>st</sup> Month Free

**CALCOURTS**  
Health & Fitness Center

## RECRUITING HICAP VOLUNTEER COUNSELORS What is HICAP?



Preventing Medicare Fraud

**PREVENT HEALTHCARE FRAUD**  
Guard your Medicare card  
like your credit card

HICAP is the Health Insurance Counseling and Advocacy Program, a program of the Area One Agency on Aging. Registered HICAP volunteer counselors help senior and disabled Medicare beneficiaries understand their Medicare and health insurance benefits and choices.

HICAP volunteers advocate for Medicare beneficiaries regarding problems with Medicare or a Medicare provider. Volunteers counsel individual clients on a variety of Medicare and insurance issues and inform low-income Medicare beneficiaries about programs that can help pay for Medicare costs.

HICAP provides free training to become a registered HICAP Counselor with the California Department of Aging.

It takes just 24 hours of initial training and 10 hours of counseling observation time to become a certified HICAP Counselor. Volunteer counselors must provide a minimum of 40 hours per year of client counseling to maintain certification.

HICAP pays for volunteer mileage and ongoing training. Call HICAP to learn about this opportunity to assist older adults.

**Call 444-3000 or 1-800-434-0222**  
for more information.



\*The production of this document was supported, in part, by grant number CFDA 93.924 from the US Administration for Community Living (ACL), DHHS, Washington, DC. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration of Community Living policy. Its contents are solely the responsibility of A1AA/HICAP and do not necessarily represent the official views of ACL.\*



**GREENWIRED**  
RENEWABLE ENERGY SOLUTIONS

**CALL YOUR  
LOCAL SOLAR  
PROS TODAY!**

**GREENWIRED.COM**

**707-923-2001**

**FIGHT THE UTILITY POWER GRAB!  
GET SOLAR NOW FOR 75% HIGHER BUYBACK RATE**





A black bear  
tromps through  
driftwood  
piled along the  
South Fork Eel  
River on Aug. 2,  
2021.  
*Photo by Talia Rose*



A beaver, which were long considered extinct in the area, swims on June 25, 2022, in the South Fork Eel River, which has seen a resurgent beaver population in recent years.  
*Photo by Talia Rose*



A flock of geese explores the South Fork Eel River on Dec. 2, 2022.  
*Photo by Talia Rose*



See the Difference!



atozeyecare.com  
707.822.7641



Hearts  
by the  
Sea

*Celebrate*  
Valentine's Weekend in Eureka, CA  
February 10 & 11, 2023

#### Valentines at the Eureka Visitor's Center

Don't forget to stop by the Eureka Visitor's Center and send a valentine to let a friend know you're thinking of them in this sweet little town!

- ♥ FREE 2-Day Romantic Movie Marathon at the Eureka Theater!
- ♥ Take a **Sweetheart Stroll** in historic Old Town with Valentine specials at more than 15 local businesses.
- ♥ Old Town Carriage Company will provide guided **Horse-Drawn Carriage Rides** through Eureka's historic district.
- ♥ Drop the kids off, have a date night! **The Redwood Discovery Museum** has **Kids Night** on Friday with crafts, science activities, and pizza for 3.5- to 12-year-old explorers.
- ♥ **Tea and Tours** at the Iconic Pink Lady Mansion.
- ♥ Not feeling romantic this year? Attend the **Anti-Valentine Cabaret** at the Redwood Curtain Theatre!



Additional Event Details:  
**VisitEureka.com/hearts**



# 'We've All Got Stories'

For female servers, sexual harassment is business as usual

By Jennifer Fumiko Cahill

jennifer@northcoastjournal.com



Shutterstock

**T**he women who wait tables in Humboldt County are teenagers, grandmothers, artists, teachers, musicians and students. But ask any who have been in the industry a few years about sexual harassment and you'll likely hear what the *Journal* heard over and over from the women we spoke to: "We've all got stories." Each asked to have their names withheld out of concern for future employment and personal safety.

Given the endemic scale of the problem, it was not terribly surprising Humboldt County Supervisor Rex Bohn suggested during a Eureka Chamber of Commerce fundraising auction he hosted that a restaurant owner might "serve topless" if the bidding for the dinner her business donated went high enough. As awful as it was coming from an elected official at a public event, demeaning female restaurant workers, particularly those who work for tips, is business as usual, according to those we talked to.

According to the U.S. Census Bureau, Humboldt was home to 323 bartenders and 1,393 servers in 2020, most of whom earn minimum wage plus tips. In a culture of "the customer is always right," female servers are overwhelmingly subjected to mistreatment. The U.C. Berkeley Food Labor Research Lab conducted a 2021 study that found 76 percent of tipped female restaurant workers have experienced sexual harassment on the job, the highest rate of any reporting industry. Local servers say that abuse comes from both bosses and customers.

"People come up to you and just stare at your boobs and your butt and they make comments and some of them touch you and you just have to keep smiling," says one career server. From a young age, she learned quickly not to make a fuss over mistreatment and occasionally allow herself a brief, private cry until she can steel herself to go back on the floor. "That's just my job." At one establishment, she says, "My butt was grabbed constantly," with some men even reaching around the side of a bar she was

tending. "I don't know what I was more upset about — people reaching around to grab my butt or to grab drinks," she says with a grim laugh. But to call out harassment in a small community like Humboldt would be, she fears, career ending.

More than one interviewee mentioned men at private catering gigs being even more aggressive and throwing their arms around the women, who had to force smiles and gracefully extricate themselves without making customers or management angry. One recalled groomsman at a wedding complaining, "Come on, we hired you for the wedding; you have to do what we say."

A working mother who's been waiting tables for decades says her first experiences with harassment started when she was a teenager and her boss repeatedly made inappropriate comments when they were alone, sometimes insisting she drink alcohol with him or be fired. According to the U.C. Berkeley study, neither abuse of underage girls nor threats are uncommon, with 98 percent of female servers experiencing retaliation after reporting an incident, whether in the form of physical intimidation, shunning, loss of shifts, firing or assault.

Having one's economic survival tethered to cheerful compliance with sexist or degrading behavior and comments can feel like a trap. Tips are what raise a server's income to a living wage but for some customers, the line blurs between working for tips and sex work.

The bartender says it's not unheard of for a guest at an event to proposition a server for paid sex, and each of the women the *Journal* spoke to has had customers stuff money in their tops, as one might at a strip club — only strip clubs have stricter rules about touching and bouncers who enforce them. Without those protections, things can get scary quickly. A woman who's now a restaurant manager, and has also been groped and propositioned on the job recounts, "I've had people shove \$50 bills in my shirt and tell me they'd be waiting for

me in the parking lot." That wasn't the only time she'd asked a co-worker to walk her to her car.

In the 2010s, the working mother recalls a trio of law enforcement officers coming weekly to the restaurant where she worked. She says they'd pat their laps and ask the women servers to sit on them. Sometimes, she says, they'd shove bills in the women's tops or waistbands, telling them, "How about you come sit on my lap for a minute, I'll give you a big tip." Other times, she says, they'd toss coins down the servers' shirts. It was humiliating, she recalls, but the prospect of telling off an armed cop was scary.

She works elsewhere now but, recently, a male customer showed up and yelled at her, incensed she hadn't called him, saying he'd been leaving his number on his receipts.

The U.C. Berkeley study found that harassment actually worsened during the pandemic, with customers seemingly taking advantage of the financial straits so many servers landed in as restaurants closed, and tables (and therefore tips) were reduced. Even as servers bore the brunt of customers' ire over masking and other restrictions, the women among them were also experiencing more sexual harassment.

Sometimes, the bartender says she feels torn between telling younger women just starting out in the restaurant business how to survive in the harsh reality they're entering — keeping a smile and not complaining — and encouraging them to stand up for themselves.

"It feels like I'm part of the grooming and that disgusts me," she says with a pause. "You try to be protective but it's like, 'Well, do you want to have a job?'"

●  
*Jennifer Fumiko Cahill (she/her) is the arts and features editor at the Journal. Reach her at (707) 442-1400, extension 320, or jennifer@northcoastjournal.com. Follow her on Instagram @JFumikoCahill and on Mastodon @jenniferfumikocahill.*

insider  
HUMBOLDT FUN, RIGHT NOW

HUMBOLDT  
CANNABIS  
FALL 2022 EDITION  
OUT NOW!

FIND IT ON ONLINE AND  
ON NEWSSTANDS  
ALL OVER HUMBOLDT



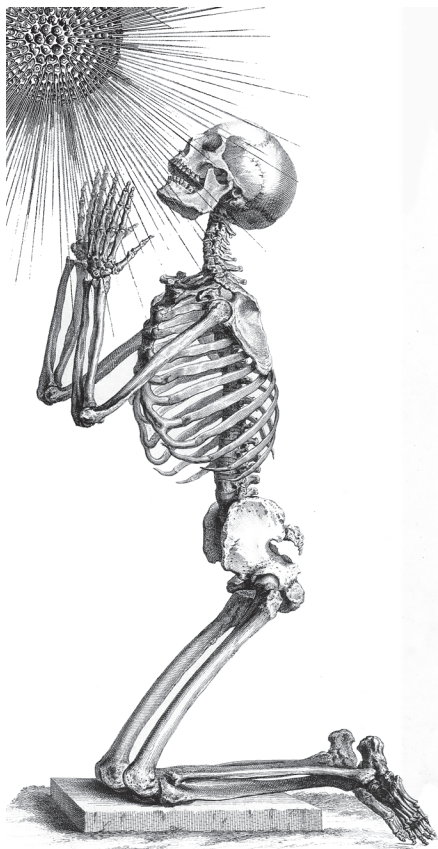
LIFESTYLE  
OUTDOOR FUN  
PERFECT TRIPS  
FOOD & DRINK  
SHOPPING  
SOUVENIRS  
90-DAY  
CALENDAR  
REGIONAL MAPS

HUMBOLDTINSIDER.COM

FOR ADVERTISING  
INFORMATION CALL:

442-1400 x319





**NORTHTOWN BOOKS**  
957 H STREET ARCATA  
707 822 2834

*Support your Local Brewery*

**AVAILABLE AT YOUR FAVORITE LOCAL MARKET!**

**Stop in and shop at our Humboldt Made Marketplace!**  
Support Local Businesses  
#ChooseHumboldt

**SIX RIVERS BREWERY**  
SMALL BATCH CRAFT BEER • RESTAURANT  
1300 CENTRAL AVE  
MCKINLEYVILLE  
SIXRIVERSBREWERY.COM

**NCJ GET OUT**

# In Defense of Slack

**By Thomas Lisle**

getout@northcoastjournal.com

**W**e cut people slack by overlooking their failures to perform how and when we would wish them to. But this article is about communal slack: the allowances that are just out there as part of the fabric of society and the environment. Here are some examples.

We kids had the run of our neighborhood in my hometown in southwestern Iowa. Lacking mountains, our first ascents were oaks and elms, where we built tree houses and hung rope swings. We learned to weigh risks and rewards as we climbed and leapt out of trees and out of sight of our blissfully ignorant parents. Decades later in McKinleyville, I found a bunch of neighborhood kids building a tree house in one of our trees. I could have heeded the admonitions of my wiser inner voice warning of injuries and lawsuits. But I didn't because I wanted to pass along some of the slack I once enjoyed. After removing a fence post that was under the tree, I gave my blessings and waited until they finished and abandoned their tree house.

In his book *Last Child in the Woods*, Richard Louv advocates for children to explore and mess around in nature on their own. Parents may fret about what goes on "out there," but their children find their own place in the woods, and by so doing, discover themselves in nature. Louv

states that most leaders in conservation were set loose at an early age, where they developed an original and unscripted relationship with their local natural world.

Later in life, I found abundant slack spending summers near Pinedale, Wyoming, a sleepy ranch town among the sagebrush at an elevation of 7,000 feet below the Wind River Range, the state's biggest and loftiest mountains. Slack was when I loaded my dirty clothes into the washer at the laundromat, grabbed my fly rod and fished for trout in a stretch of Pine Creek flowing nearby. I returned to put my wash in the drier, resumed fishing, and left with clean clothes and supper. There were no other fishermen and no "No trespassing" signs. Slack also happened on Saturday nights when the three bars each had a live band and you could take your glass across the street to hear another band. When you finished your drink, you could leave it there because glassware was regarded as communal.

Slack happened at about the same

The Jacoby Creek Country Club in the 1970s.

*Photos courtesy of Gary Frederickson*

time at the Minor Theatre in Arcata. For 99 cents you could watch a Marcel Marceau film, eat a 10-cent bag of popcorn and be enveloped in marijuana smoke as, if you were so chosen, the theater's cat warmed your lap and purred your mutual contentment.

This was also during the reign of the Jacoby Creek Country Club, a red, weathered cabin on stilts in the tidal flats at the mouth of Jacoby Creek, just east of U.S. Highway 101. Amenities were limited but rent was free, and good food and great stories were shared among all who came. It was the center of the universe for some of our area's most legendary birders and naturalists, along with their wide circle of friends. Of course, this couldn't last. An inhabited structure was incompatible with management guidelines for an expanded fish and wildlife refuge, and the Jacoby Creek Country Club was slated for the Dumpster.

I'm sure many of you have your own slack stories. Slack is the space unoccupied by rules, competition, and profit. Slack is unsanctioned, unexploited, innocent and off-leash. Sure, there can be good reasons to curtail slack, but something is lost even then.

We in Humboldt County enjoy an abundant, if shrinking, reservoir of slack. Kudos to people who don't drive bumper-to-bumper, and special kudos to those who have opened trails and public space and otherwise expanded free access to our beautiful natural areas. Enjoy our slack and pass it along.

*Tom Lisle (he/him) is a retired hydrologist living and walking in Humboldt County.*





# Winter Steelhead Remain Elusive

By Kenny Priest

fishing@northcoastjournal.com



Justin Richardson of Fortuna landed a nice steelhead on the Van Duzen River over the weekend. The Van Duzen is currently off color but should be fishable later in the week.

Photo courtesy of Zack Richardson

**A**nother week gone by and another week of very poor steelhead catching. As we approach mid-February, I'm no longer certain the fish are just running late. I'm starting to think they aren't coming. At least in big numbers. We've had some excellent water conditions on our coastal rivers this season and that still didn't do the trick. But green rivers with perfect flows, unfortunately, are only half of the equation that make up winter fishing success. The other is the "gray ghost" otherwise known as steelhead. It's entirely possible after a few drought-ridden years, we're seeing the aftermath. But, I, for one, will hold out hope the season will turn around. But they better make it quick, we're starting to run out of days.

## Weather outlook

According to Jeff Tonkin of Eureka's National Weather Service office, the next reasonable chance of rain will come Friday morning into Saturday. "We're looking at about a third of an inch of rain for both the Smith and Eel basins," said Tonkin. "After that, it looks like we'll go back into a wetter pattern next Tuesday through Saturday. These will be colder systems and most of the precipitation will fall as snow so we don't expect to see large river rises."

## The Rivers:

### Mad

The Mad was just starting to drop into fishable shape right before the rain fell on Saturday. Flows are now back up to 1,400 cubic feet per second as of Tuesday. A small push of fish made their way back to the hatchery Monday night, so hopefully we'll

start to see some better numbers. To date, the fishing has been very slow. River conditions through the weekend don't look good.

### Eel River (main stem)

The main stem was fishable over the weekend, but flows were still really high. A few boats ventured out Friday, but it was the same story — not many fish around. The river blew out Sunday with flows peaking at 21,000 cfs Monday morning. It's now back on the drop but will need at least another week before it's in fishable shape.

### South Fork Eel

The South Fork was the most popular river on the coast judging by the number of boats. Conditions were excellent up until Sunday, but scores still remained low. Boats were getting a chance at one to three fish per trip, but there were a lot of zeros. The river is dropping quickly this week and it should be back in fishable shape by later in the week. As of Tuesday, flows were 2,700 cfs at Miranda.

### Van Duzen

Like the rest of the coastal rivers, the Van Duzen blew out Sunday. As of Tuesday, flows were back under 1,000 cfs and it could be fishable by later in the week. Prior to the blowout, fishing was decent with bank anglers catching a few fresh steelhead.

### Smith River

The Smith received a much-needed

bump in flows Sunday, going from 1,825 to 4,200 cfs (8.9 feet) on the Jed Smith gauge. Unfortunately, it didn't do much for the fishing. Fishing on Monday was reportedly very slow. The river is dropping quickly and will be back to low and clear conditions soon. Another slight increase in flows is forecast for Saturday morning.

### Chetco/Southern Oregon

"Steelhead fishing improved over the weekend on the Chetco, as rains increased flows and brought in fresh fish," said Andy Martin of Wild Rivers Fishing. "Guides have enjoyed the best catch rates so far this season the last few days, with the best action in the lower river. Larger numbers of hatchery fish have arrived. Fishing has been slow on the Rogue, Elk and Sixes, but improved on the Coquille and Umpqua."

### Brookings ocean update

According to Martin, rough weather has kept bottom fish anglers at the docks in Brookings. "Big swells are expected through the weekend."

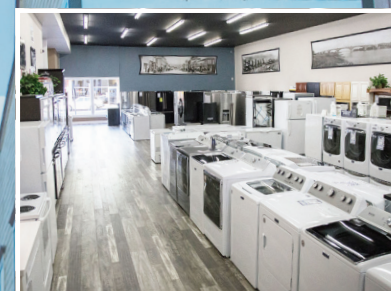
Read the complete fishing report at [northcoastjournal.com](http://northcoastjournal.com).

Kenny Priest operates Fishing the North Coast, a fishing guide service out of Humboldt specializing in salmon and steelhead. Find it on Facebook, Instagram, YouTube and [fishingthenorthcoast.com](http://fishingthenorthcoast.com). For up-to-date fishing reports and North Coast river information, email [kenny@fishingthenorthcoast.com](mailto:kenny@fishingthenorthcoast.com).

"WE SELL THE BEST AND SERVICE THE REST"

Eel Valley Inc.

APPLIANCE



AMANA KitchenAid

MAYTAG

Whirlpool



1001 Main St. in Fortuna

707.725.6734


[www.eelvalleyappliance.com](http://www.eelvalleyappliance.com)






**ARCATA ARTISANS**

Gil Castro



Zak Shea



on the plaza  
**21 local artists**  
open 11-4 daily

**TRINIDAD ART GALLERY**



*Copper Sculpture* by Sarah Magnuson

**OPEN DAILY**  
11 am - 4 pm (Winter Hours)

490 Trinity St. Trinidad  
707.677.3770  
trinidadartgallery.com

*A Fine Craft & Art Cooperative*

**The CAMPUS STORE**  
— CAL POLY HUMBOLDT —  
EUREKA, CALIFORNIA



• Celebrating Local Schools • Local Creations & Gifts • Visitor Information

**In The Ritz Building** 218 F St. EUREKA (707) 798-1806

## NCJ ARTS NIGHTS



Paintings by Jennifer Liu at Plaza Grill.  
*Courtesy of the artist*

Ceramics by Peggy Loudon at Fire Arts. *Courtesy of the artist*



# Arts! Arcata

Friday, Feb. 10,  
4 to 8 p.m.

**C**elebrate the visual and performing arts in Downtown Arcata during Second Friday Arts! Arcata. We want to welcome all our community members to come out and visit with us for a lively night market of local art displayed in our downtown stores. Thank you for supporting the arts and a vibrant downtown Arcata. More information can be found at ArcataMain-Street.com.

**ARCATA ARTISANS** 883 H St.  
Zak Shea, willow bark and copper work. Gilbert Castro, hearts, hoops and Dia de Los Muertos silver creations.

**ARCATA PLAYHOUSE** 1251 Ninth St.  
Music by the Stick Men at 8 p.m. (\$30).

**ECO GROOVY DEALS** 813 H St.  
Open late for Arts! Arcata.

**EXIT THEATRE** 890 G St., upstairs  
Open house with snacks and drinks. Music by Stan Fleming, Jr. from 6 to 8 p.m. DIVA Burlesque Arcata, the monthly show of

local burlesque performers curated by Spooky Spice, at 8 p.m.

**FIRE ARTS CENTER GALLERY** 520 South G St. Susan Beecher and Peggy Loudon, ceramics. Kit Davenport, drawings. Reception from 5 to 7 p.m.

**JAY BROWN ART & DESIGN** 791 Eighth St. "Hammertime; a Rock on a Stick: a handyman's celebration of the hammer in its many forms," Jay Brown, representational works on paper. Visit with the artist in a true "Open Studio" setting.

**PLAZA GRILL** 791 Eighth St.  
A variety of outdoor scenery in a range of media in a continuing exhibit by the Sunday Painters Plein Aire group, featuring artwork by Jennifer Liu.

**THE THING** 833 H St.  
Open Mic. Come dance, sing, play and enjoy.

**UMPQUA BANK UPSTAIRS GALLERY**  
1063 G St. Zak Shea, wood art. ●



# Love Is

By Collin Yeo

music@northcoastjournal.com

People are complicated creatures with a vast catalog of needs that are often compressed, and therefore barely expressed in the gulf of space between thought and expression. I have considered love a lot over the years, and as someone who tends to translate the world through music and literature, I often get the moment wrong, and appear (sadly, unfortunately) aloof. My favorite poems about love rarely express easy and common romantic themes in contemporary life I am thinking of the unnamed male youth who is a locus point of Shakespeare's undefined affection in Sonnet 112: "You are so strongly in my purpose bred/ that all the world besides methinks is dead." I don't know the specifics of their relationship but I have certainly felt that sentiment in my own way. I can consider Rilke's *Letters to a Young Poet*, in which he suggests that the highest bond between two people is that they protect each other's solitude. That seems pretty spot on and natural. I often think of New Orleans soul queen Irma Thomas singing Jeannie Seely and Randy Newman's "Anyone Who Knows What Love Is (Will Understand)," where she informs us, "The world may think I'm foolish, they can't see you like I can/ Oh, but anyone who knows what love is, will understand." I've been there, Irma. I might even still have a functioning P.O. Box in that zip code.

Lately, I've been thinking that love is a lot of inexpressible, simpatico desire, hard work, compassion and, most of all, outrageous and terrible humor. That way, I can cast a wide net and love all of my friends in their own unique fashion, while still reserving some of myself for a certain person I'm thinking of in the cold depths of night when the margins run thin and you just want to hold on to somebody special. There, that's the most you're getting out of me. Have a lovely week.

## Thursday

It's the opening for **A Night of Com-media** over at Dell'Arte's Carlo Theatre at 8 p.m. (\$10). This show is billed as a bawdy mix of physical comedy that is drenched with timeless themes from the human experience: love, food, power and farting. The show is rated for adults only, so bear that in mind.

## Friday

Well, it looks like the **Stick Men** show over at the Arcata Playhouse is sold out, so I am going to suggest three alternatives for your Arts Arcata evening. Over at the EXIT Theatre, you will find a free show by jazz saxophonist **Stan Fleming Jr.**, and if you

Hopeless Jack & the Psychedeltics play the Jam at 8 p.m. on Saturday, Feb. 11.

*Photo courtesy of the artists*



stick around until 8 p.m. and pony up \$20, you can enjoy the **Diva Burlesque Arcata** show, curated by Spooky Spice, who is no relation to the UK Spice Girls. Meanwhile at the same time over at the Miniplex, Chi-Town's space rock psyche masters **Bitchin' Bajas** will be jamming with support by **Winter Band**, helmed by Ben Chasney of Six Organs of Admittance fame (to this day one of the noisier basement shows I remember from my NYC days). Local sound-grinders **Drip Torch** open (\$20, \$15 advance).

## Saturday

**Hopeless Jack & the Psychedeltics** are a Portland band helmed by a guy named Jack who likes his blues loud and trippy. San Diego's oddball duo **Moxi & Loon** will pad out the bill nicely at the Jam at 8 p.m. (\$7). If you stick around until 11:30 p.m. and hand over an extra \$5, you can enjoy a dancehall and reggae set by **Benj & DJ Sarge OneWise**.

If you would like to see some other DJs roll out the dance wax with another familiar groove, come celebrate the return of **Soul Night** at Humbrews at 9 p.m. (\$10). This pre-Valentine workout will likely have all the romantic gems needed for the loved and loveless alike.

## Super Bowl Sunday

I don't know what to tell you; this is America's biggest sports holiday and,

whether we like it or not, we all live within its considerable gravitational pull. If you don't enjoy that fact, just do yourself a favor and don't be one of those people who brags about not knowing anything about the "sports ball" event or how you don't own a TV. It's OK to just shut up about things, sometimes. Have some dignity. For the rest of us, eat trash and watch the spectacle.

## Monday

Weird electronic show alert. Hudson Glover, aka **Huddy Glo**, is an artist who I have reviewed here before, and one whose music is dense, danceable and complex, full of Bill Evans-styled block chords and minimal disco beats. A true auteur in an emerging world of old and new sounds. **Chini** has also graced these pages as a noisemaker par excellence I have foolishly attempted to rein in a bit with my words. **Pregnant** is an act about which I know nothing but am happy to learn. All three can be enjoyed at the Miniplex tonight at 8 p.m. I am unsure of the cover, so bring a few small bills.

## Tuesday, Valentine's Day

If you are one of those lucky ducks with a sweetie and an attendant treacly sense of romance, I suspect you don't need any advice from me on what you get up to tonight. For the rest of you, here are a couple options, the former being a little

more vanilla. **Young & Lovely** will be performing a free one at Old Growth Cellars at 6:30 p.m. Expect jazz standards sung for the lonely and attached alike from the Great American Songbook. Half an hour later at the Logger Bar, \$5 will get you in the door for a queer-friendly, historically risqué dance party curated by **Trinidad-dies** and DJs **Any**a and **Satanica**. If I were on the market for sexy fun and ephemera (and I am not), I'd swerve into the skid and shake it up in Blue Lake.

## Wednesday

It's yet another sci-fi night at the Arcata Theatre Lounge, but because we're so close to the love holiday, the management is playing a rom-com I hated as a kid: *Earth Girls Are Easy*. I'd much rather watch the superior Jeff Goldblum/Geena Davis vehicle, David Cronenberg's *The Fly*. So go if you like, and maybe even prove me wrong (there's no accounting for the tastes of a weirdo '80s kid). I'm going to instead recommend the Logger Bar's karaoke night with **KJ Dustin** at 7 p.m. (free). ●

*Collin Yeo (he/him) would like to extend his condolences to the family of the Chinese Spy Balloon, which intentionally crashed itself after seeing firsthand the poor state of American infrastructure. He lives in Arcata, where they still haven't figured out basic housing.*





# Calendar

## Feb. 9 – 16, 2023



Shutterstock

This Valentine's Day, Cafe Brio will have you seeing red in the right way. Make a date with your sweetie or bestie for **Valentine's Day Wine Tasting - Romantic Reds, Tuesday, Feb. 14**, from **4:30 to 6 p.m.** at **Cafe Brio** (\$45/ea.) Join local wine educator Pam Long for a sit-down flight of French varietals (produced in France and Trinity River Vineyards in Humboldt) — and love the wine you're with. Reservations are required. Call Cafe Brio Arcata to reserve your spot.



Submitted

More cabernet? Yay! How about **An Evening of Wine & Chocolate, Tuesday, Feb. 14, 7 to 8 p.m.** at the new **Dick Taylor Chocolate Factory**, located at 333 First St., Eureka. It's a doozy of a romantic evening with candlelight, sumptuous chocolate and local wine. Head chocolate maker Adam Dick has the 411 on favorite pairings and how they're selected — all topped off by complimentary chocolate-dipped strawberries. Sweet. Get tickets online at eventbrite.com.



Shutterstock

Maybe you want to spin the night away with your bae. Dancing is for lovers, after all. So why not make it a **Valentine's Evening with Blue Rhythm Revue, Tuesday, Feb. 14** from **6 to 10 p.m.** at **Trinidad Town Hall** (\$40, \$75 for two at door or after Feb. 10; \$35, \$65 for two before Feb. 10.). First, enjoy appetizers by Brett Shuler Fine Catering, desserts by the Trinidad Civic Club and bevies from the no-host wine and beer bar. Then spin, whirl and twirl to Blue Rhythm Revue from 8-10 p.m. Get tickets at trinidadcivicclub.org.

## 9 Thursday

### ART

**Figure Drawing at Synopsis.** 7-9 p.m. Synopsis Collective, 1675 Union St., Eureka. With a live model. Bring your own art supplies. Call to contact Clint. \$5. synopsisperformance.com. (707) 362-9392.

**Heart Rock Mosaic Workshop.** 5:30 p.m. Six Rivers Brewery, Tasting Room & Restaurant, 1300 Central Ave., McKinleyville. A laid back mosaic making workshop. All materials, tools and instruction provided. Drink voucher included. Email to reserve your spot. \$40. naturesmosaic@gmail.com. naturesmosaic.wixsite.com/mosaic.

**Pom Pom Possibilities with Kati Texas.** 6:45-9 p.m. Wharfinger Building, 1 Marina Way, Eureka. Humboldt Handweavers and Spinners Guild presents a lesson on making pompoms three ways. Bring your cloth/fiber scissors and any yarn remnants you'd like to use. Bulk yarn other tools and materials provided. Leave with your own templates. Free. aeburroughs@gmail.com. hhsguild.org/newsletter.

**Thursday Night Art.** 4-7 p.m. The Sanctuary, 1301 J St., Arcata. Bring your own supplies or use what's around to collage, paint, draw, make an art book. Bring an instrument to jam in the Great Hall. Free, \$5-\$20 donation appreciated. sanctuaryarcata.org.

### BOOKS

**Beelzebub's Tales to His Grandson Radio Hour.** 10-11 p.m. This week: "Meetings With Remarkable Men" ... Episode 5: Chapter 4 : Bogachevsky. Free. rybopp@suddenlink.net. HumboldtHotAir.org. (707) 826-7567.

### COMEDY

**Double! Trouble!** 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Host Evan Vest picks comics at random to be funny on command. Doors at 6 p.m. Snacks, drinks, friendly atmosphere. All ages w/caution for language. ID to drink. \$10. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

**Jackbox Night.** 6-8 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Local stand-up talent rotate as your comedic host. You only need your smart phone or device to play. Free. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

### LECTURE

**The Evolutionary Anatomy of Shark Ears.** 11:30 a.m.-1 p.m. Plaza View Room, Eighth and H streets, Arcata. Humboldt Emeritus and Retired Faculty and Staff Association presentation and discussion with Allison Bronson, lecturer in the department of Biological Sciences at Cal Poly Humboldt and a recipient of an ERFSA small grant for her research. \$17.50. jmf2@humboldt.edu. (707) 387-7091.

### MOVIES

**Ziwe Watch Party.** 6-9 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. BIPOC exclusive space. Come screen some episodes of *Ziwe* and enjoy each other's company over tea and tater tots. Blackhumboldt@gmail.com. blackhumboldt.com/black-liberation-month. (707) 840-4641.

### MUSIC

**Black Humboldt Black Liberation Month Radio Takeover.** 6-8 p.m. Stream live online. Community-wide event Mondays and Thursdays for local Black artists and community, and all their favorite tunes. Blackhumboldt@gmail.com. Humboldthotair.org. (707) 840-4641.

**McKinleyville Community Choir Rehearsal.** 6:30-8:30 p.m. Arcata Presbyterian Church, 670 11th St. Join if you like to sing or play an instrument. Reading music or prior experience not necessary. Rehearsals are every Thursday evening. ccgreene46@gmail.com. (831) 419-3247.

**Tristan Norton.** 6-9 p.m. Redwood Curtain Brewing Co. Myrtle Ave. Tasting Room, 1595 B Myrtle Ave., Eureka. Enjoy Tristan Norton solo and unplugged inside the Myrtle town Tasting Room. Free.

### THEATER

**A Night of Commedia.** 8-9 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. Dell'Arte International School of Physical Theatre's Professional Training Program ensemble presents a contemporary interpretation of the classic semi-improvised Italian masked comedy. For adults. \$10. info@dellarte.com. dellarte.com. (707) 668-5663.

### FOOD

**Volunteer Orientation Food for People.** 3-4 p.m. Virtual World, Online. Help fight hunger and improve nutrition in the community. Visit the website to be invited to a Zoom orientation. Free. volunteer@foodforpeople.org. foodforpeople.org/volunteering. (707) 445-3166, ext. 310.

### ETC

**Question. Persuade. Refer. (QPR) Suicide Prevention Training + Lethal Means Safety.** 10-11:30 a.m. Suicide prevention training to help recognize suicidal thoughts and behaviors. Includes section on lethal means safety. Free. publichealthsvp@co.humboldt.ca.us. zoomgov.com/meeting/register/vljtdu-upjgrGAo0prBC35VoY9laAxxNKDw.

**Restorative Movement.** 10:30-11:30 a.m. & 2-3 p.m. Virtual World, Online. SoHum Health presents classes focused on strength and mobility (Tuesday), and on relaxation and breath work (Thursday). Contact instructor Ann Constantino for online orientation. \$3-\$5 donation per class, no one is turned away for lack of funds. annconstantino@gmail.com. sohumhealth.org. (707) 923-3921.

### DJS

**DJ Statik and Friends.** 9 p.m. Thirsty Bear Lounge, Bear River Casino Resort, 11 Bear Paws Way, Loleta. Today's hits. Free. bearrivercasino.com.

### OTHER

**Reel Genius Trivia at Tres Chiles Picosos.** 6-8 p.m. Tres Chiles Picosos, 3502 Broadway St., Eureka. General trivia; fun for everyone. Free to play, win prizes. Max 7 players per team. Free. partners@reelgeniustrivia.com. treschilespicosos.com. (707) 601-1606.

### OPEN MIC

**Blondies Open Mic.** 6 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Share your gifts. Free. blondies-foodanddrink.com.

**Siren's Song Open Mic.** 7 p.m. The Siren's Song Tavern, 325 Second St., Eureka. Step up to the mic. Free.

### KARAOKE

**G.O.A.T. Karaoke at the Goat.** 8:30 p.m. Richards' Goat Tavern & Tea Room Miniplex, 401 I St., Arcata. Supportive atmosphere, more than 45,000 songs to choose from, all skill levels welcome. Two-drink minimum purchase at the bar. Age 21 and up. info@miniplexevents.com. instagram.com/richardsgoat/. (707) 630-5000.

## 10 Friday

### ART

**Susan Beecher, Kit Davenport and Peggy Loudon.** 5 p.m. Fire Arts Center, 520 South G St., Arcata. Reception for ceramic artists Susan Beecher, Kit Davenport and Peggy Loudon, who are exhibiting ceramics and drawings at the gallery until Feb. 28. director@fireartsarcata.com. fireartsarcata.com. (707) 826-1445.

**Arts! Arcata.** Second Friday of every month, 4-8 p.m. City of Arcata, Arcata. Celebrate the visual and performing arts in Downtown Arcata during Arts! Arcata. Enjoy art, shopping, live music, events and more.

### COMEDY

**Home Improv-ment.** 7 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Hosted by Stephanie Knowles with no pressure, just fun and a chance to try something out of your comfort zone. Free, donations accepted. savagehenrycomedy.com. (707) 845-8864.

**Jeremiah Coughlan.** 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Jeremiah Coughlan headlines. Local talent spotlight: Jessica Grant features, Trevor Lockwood opens, and Nando Molina hosts. Friday doors at 6 p.m. Saturday doors at 4:20 p.m. \$15. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

**Please Don't Leave.** 11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Scott Hoyle runs this improv-based comedy show with a rotating panel of the best local comedians and touring comics. \$5. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

### MOVIES

**Fear & Loathing in Las Vegas (1998).** 8-11 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 8 p.m. Movie at 9 p.m. Rated R. All ages (12 and under parental guidance suggested). Retro-gaming in the lobby. \$8, \$12 admission and poster. info@arcatatheatre.com. facebook.com/events/891097915558216/. (707) 613-3030.

### MUSIC

**Daniel Nickerson & the Boogie Box.** 5-8 p.m. Gyppo Ale Mill, 1661 Upper Pacific Drive, Shelter Cove. The singer and one-man band operates the world's only completely analog jukebox with 150 classic rock, soul and jazz songs for all ages. Free. family@gyppo.com. fb.me/e/2lXrWwch. (707) 986-7700.

**Friday Night Jazz.** 7-10 p.m. The SpeakEasy, 411 Opera Alley, Eureka. Live local jazz with the Opera Alley Cats. Free. elvisatemydonuts@hotmail.com. (707) 444-2244.

**Kenny Bowling.** 9-midnight. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Country music. Every Friday.

**Live Music.** 6-8:30 p.m. Fieldbrook Market & Eatery, 4636 Fieldbrook Road. Every Friday, local bands play folk, bluegrass, Americana. Always family friendly. Check Facebook or Instagram for updates on who's playing. Free. fieldbrookmarket@gmail.com. (707) 633-6097.

**Opera Alley Cats.** 7-10 p.m. The SpeakEasy, 411 Opera Alley, Eureka. Professional-level jazz twice a week with cool vibes and great people. Free. thespeakeasybar@yahoo.com. facebook.com/speakeasyeureka. (707) 444-2244.

**Tony Levin and Stick Men.** 8 p.m. Arcata Playhouse, 1251 Ninth St. Hard driving prog and alt rock. \$30. info@arcataplayhouse.org. playhousearts.org/events/stickmen-featuring-tony-levin-pat-mastelotto-markus-reuter/. (707) 822-1575.

### THEATER

**The Elephant Man.** 8 p.m. Ferndale Repertory Theatre, 447 Main St. Based on the life of John Merrick, who lived in London during the latter part of the 19th century. Tickets online. ferndalerep.org.

**A Night of Commedia.** 8-9 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Feb. 9 listing.

### EVENTS

**Hearts by the Sea.** Noon-midnight. Old Town Gazebo, Second and F streets, Eureka. Pre-Valentine's Day weekend events. See visiteureka.com/hearts for full details. Free. info@visiteureka.com. visiteureka.com/hearts/. (707) 834-5700.

**Speed-Friending Event.** 5-7 p.m. Mothers Cooking Experience, 1603 G St., Arcata. Make some real-life connections with a night of laughter and fun, snacks and drinks. \$5. motherscookingexperience@gmail.com. eventbrite.com/e/speed-friending-event-tickets-520906815307. (707) 382-6475.

### FOR KIDS

**Kid's Night at the Museum.** 5:30-8 p.m. Redwood Discovery Museum, 612 G St., Eureka. Drop off your 3.5-12 year old for interactive exhibits, science experiments, crafts and games, exploring the planetarium, playing in the water table or jumping into the soft blocks. \$17-\$20. info@discovery-mu-



seum.org. discovery-museum.org/classesprograms.html. (707) 443-9694.

**Weekly Preschool Storytime.** Eureka Library, 1313 Third St. Talk, sing, read, write and play together in the children's room. For children 2 to 6 years old with their caregivers, but other family members are welcome to join as well. Free. manthony@co.humboldt.ca.us. humboldt.gov/Calendar.aspx?EID=8274. (707) 269-1910.

## GARDEN

**Sea Goat Farm Garden Volunteer Opportunities.** 10 a.m.-5 p.m. Abbey of the Redwoods, 1450 Hiller Road, McKinleyville. Help with animal care, weeding, watering, planting and occasional harvest help on Saturday mornings. Volunteers get free produce. flowerstone333@gmail.com. (530) 205-5882.

## MEETINGS

**Language Exchange Meetup.** Second Friday of every month, 5-7 p.m. Familia Coffee, 1350 Ninth St., Arcata. Speak your native language. Teach someone a language. Learn a language. familiacoffees.com. (925) 214-8099.

## OUTDOORS

**Founders Grove Winter Walks.** 2-3 p.m. Humboldt Redwoods State Park, 17119 Avenue of Giants, Weott. A guided walk through Founders Grove Loop with information on cultural and natural history. Meet by the Founders Grove park restrooms on Dyerville Loop Road. Bring comfortable walking shoes, water and maybe a rain jacket. Walks are 0.6 miles long on an ADA trail and take about 1 hour. Free. humboldtredwoods.org.

## ETC

**Tabata.** 5:30-6:30 p.m. Virtual World, Online. SoHum Health presents online classes with short, high intensity cardio workouts. Contact instructor Stephanie Finch by email for a link to the class. Free. sfinch40@gmail.com. sohumhealth.com.

## LIVE BANDS

**Bitchin Bajas (Drag City) • Humboldt Supergroup Winter Band.** 8 p.m. Richards' Goat Tavern & Tea Room Miniplex, 401 I St., Arcata. Psych rock from Chicago. Acid and alt rock from Humboldt. \$20, \$15 advance. info@miniplexevents.com. miniplex.ticketleap.com/bitchin-bajas. (707) 630-5000.

## KARAOKE

**Pretty Kitty Karaoke.** 9:30 p.m. Redwood Empire VFW Post 1872, 1018 H St., Eureka. Hosted by Jamie Kohl of Little Red fame. Cash only. Ages 21 and up. Veterans welcome. Shuffleboard. PearceHansen999@outlook.com. facebook.com/profile.php?id=100082987501904. (206) 348-9335.

# 11 Saturday

## ART

**Kids' Krafts w/Lydia Morris.** 11 a.m.-1 p.m. Two St. Art Lab, 527 Second Street, Eureka. BIPOC exclusive space. All ages. Craft session led by local artist Lydia Morris. Supplies and light refreshments provided. Free. Blackhumboldt@gmail.com. blackhumboldt.com/black-liberation-month. (707) 840-4641.

## COMEDY

**Farm to Table: Late Night Comedy.** 11 p.m.-1:30 a.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Baseball Robby curates this small batch artisanal stand-up comedy showcase. \$5. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

**Jeremiah Coughlan.** 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. See Feb. 10 listing.

## MUSIC

**Alice Di Micele.** 7-10 p.m. Arcata Playhouse, 1251 Ninth St. Singer-songwriter Di Micele returns to Arcata for an intimate solo acoustic show. Tickets available online and in person at Wildberries Marketplace. \$20. alice@alicedimicele.com. facebook.com/events/663982305427366. (707) 822-1575.

**Daniela Mineva.** 7:30-9:30 p.m. Fortuna Monday Club, 610 Main St. Pieces from the traditional piano repertoire, including Beethoven, Messiaen, Schumann, Margaret Bonds and more, with background and commentary. Proof of vaccination and masks required. Doors at 6:45 p.m. \$10 at the door. fortunaconcert@live.com. facebook.com/fortunaconcertseries.

**Dylan Weber.** 5-8 p.m. Gyppo Ale Mill, 1661 Upper Pacific Drive, Shelter Cove. Originals and covers from classic rock to soul, reggae and alternative. Free. family@gyppo.com. fb.me/e/2fhF5svhp. (707) 986-7700.

**Hopeless Jack, Moxie & Loon.** 8 p.m. The Jam, 915 H St., Arcata. Hopeless Jack: PsycaDelta Blues. Moxie & Loon: dirty blues and psychedelic desert rock. \$7. thejamarcata.com.

**Irregular Folk.** 6-8:30 p.m. Six Rivers Brewery, Tasting Room & Restaurant, 1300 Central Ave., McKinleyville. Jumpin' fun folksy music. Free. sixriversbrewery.com. (707) 683-6006.

**Papa Haole and the Fleas.** 6-9 p.m. Redwood Curtain Brewery & Tasting Room, 550 South G St., #4, Arcata. Originally composed tropical/reggae dance music and some covers. Free. redwoodcurtainbrewing.com.

**Margo Price.** 8 p.m. Van Duzer Theatre, Cal Poly Humboldt, Arcata. Rock and roll, psychedelic country and rhythm and blues. With special guest Lola Kirke.

## THEATER

**Anti-Valentine Cabaret.** 7:30 p.m. Redwood Curtain Theatre, 220 First St., Eureka. A cabaret celebration of break-ups, farewells and can't-get-rid-of-you-fast-enoughs. redwoodcurtain.com.

**The Elephant Man.** 8 p.m. Ferndale Repertory Theatre, 447 Main St. See Feb. 10 listing.

**A Night of Commedia.** 8-9 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Feb. 9 listing.

## EVENTS

**Hearts by the Sea.** Noon-midnight. Old Town Gazebo, Second and F streets, Eureka. See Feb. 10 listing.

## FOOD

**Arcata Plaza Farmers Market.** 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Fresh produce, meat, fish, cheese, eggs, bread, flowers and more. Enjoy music (during the main season) and hot food vendors at this family-friendly event. Free. info@northcoastgrowersassociation.org. northcoast-growersassociation.org/arcataplaaza.html. (707) 441-9999.

**Sea Goat Farmstand.** 9 a.m.-1 p.m. Abbey of the Redwoods, 1450 Hiller Road, McKinleyville. Fresh veggies grown on site, local eggs and sourdough bread. Work from local artists and artisans. flowerstone333@gmail.com. (530) 205-5882.

## GARDEN

**Sea Goat Farm Garden Volunteer Opportunities.** 9 a.m.-1 p.m. Abbey of the Redwoods, 1450 Hiller Road, McKinleyville. See Feb. 10 listing.

## MEETINGS

**Sistahood.** 9:30-11 a.m. Virtual World, Online. For women teenagers and older on Zoom, to build healthy relationships and strengthen ties through validation and affirmation. Music from 9:30 a.m., open conversation from 9:45 a.m., meditation with the Sista Prayer Warriors from 10:45 a.m.

**Woodturners Meeting.** Second Saturday of every month, 1-3 p.m. Almqvist Lumber Company, 5301 Boyd Road, Arcata. Exchange ideas, instruction and techniques for safe and successful woodturning. Beginning and experienced turners welcome. Meetings include a themed project demo, show and tell opportunities and Q&A. Free. redcoastturners@gmail.com. (707) 616-4922.

## OUTDOORS

**Audubon Guided Field Trip w/Kathryn Wendel.** 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring binoculars and meet trip leader Kathryn Wendel at the end of South I Street (Klopp Lake) in Arcata for easy-to-walk trails, a view of Humboldt Bay, possible otter sighting and a range of overwintering birds, including ducks, shorebirds, herons and egrets, raptors and songbirds. Free. rras.org.

**Dune Restoration Volunteer Day.** Second Saturday of every month, 10 a.m.-1 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Restore the biodiversity of the coastal dunes with the team. Snacks and tools provided. Meet at the center a few minutes before 10 a.m. Free. info@friendsofthedunes.org. friendsofthedunes.org. (707) 444-1397.

**FOAM Marsh Tour.** 2 p.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Meet leader Sharon Levy in the lobby of the Interpretive Center on South G Street for a 90-minute, rain-or-shine walk focusing on Marsh history, wastewater treatment, birds and/or ecology. Masks are strongly recommended inside the building. Free. (707) 826-2359.

*Continued on next page »*

## HOME & GARDEN



Locally owned and  
operated since 1965

## Crystal Springs Bottled Water

Artesian Water Bottled On Site  
Delivered to Home or Office

Affordable  
Free Delivery  
3 & 5 Gallon Bottles  
Wide Selection of  
Dispensers & Cups

707-443-7171

CrystalSpringsHumboldt.com



Sewer Line Replacement • Backflow Testing  
Video Pipe Inspections • Water Heaters  
Gas & Water Re-Pipes • Faucet Repair & Replacement  
Trenchless Technology • Septic Tank Service  
Fully Licensed & Insured

Servicing all of Humboldt County  
**1-800-GET-ROTO**

Your source for the finest hardwoods  
& wood working supplies

CONTRACTOR OR DO-IT-YOURSELF, COME INTO  
ALMQUIST LUMBER AND SEE WHAT WE HAVE TO  
OFFER IN BEAUTIFUL HARDWOOD FLOORING.

5301 Boyd Rd., Arcata • Just off Giuntoli Lane at Hwy 299 • 825-8880 • www.almquistlumber.com

North American hardwoods  
to make your home beautiful.

MADE IN THE USA





## PUBLIC NOTICE

### Announcement of Availability:

#### Responses to Comments on the Addendum to the Final Environmental Impact Report for the Richardson Grove Operational Improvement Project

#### WHAT IS BEING PLANNED

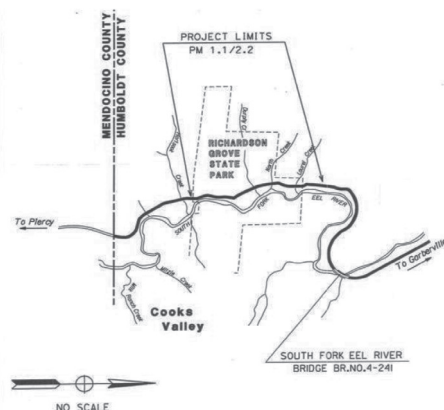
The California Department of Transportation (Caltrans) prepared a Final Environmental Impact Report (EIR) in May 2010 for proposed operational improvements on U.S. 101 in Humboldt County in and near Richardson Grove State Park. The proposed project would make minor adjustments to the current alignment of U.S. 101 to accommodate industry standard STAA trucks, improving goods movement and regional operations. In May 2017, Caltrans completed an Addendum to the EIR. No old growth trees would be removed. The scope of the proposed project is essentially unchanged from the 2010 Final EIR. In addition to the design refinements and impact reductions proposed in the 2010 Final EIR, the Addendum to the Final EIR reduces the number of trees that would be removed and slightly reduces the project footprint. The Addendum to the EIR was circulated for public review and comment in Fall 2021. Caltrans has prepared responses to those comments.

#### WHAT IS AVAILABLE

Responses to Comments on the Addendum to the Final Environmental Impact Report, the 2017 Addendum, as well as other project information, is available at <https://dot.ca.gov/caltrans-near-me/district-1/dl-projects/dl-richardson-grove-improvement-project>.

#### SPECIAL ACCOMMODATIONS

For individuals with sensory disabilities, documents can be made available in Braille, large print, audiocassette, or computer disc. To obtain a copy in one of these alternate formats, please contact the Caltrans District 1 Public Information Office at 707-445-6600, or TTY 711.



## NCJ CALENDAR

Continued from previous page

**Gould Grove Winter Walks.** 11 a.m.-noon. Humboldt Redwoods State Park, 17119 Avenue of Giants, Weott. A guided walk with information on cultural and natural history. Meet in front of the Humboldt Redwoods State Park Visitor Center. Bring comfortable walking shoes, water and maybe a rain jacket. Walks are 0.6 miles long, on an ADA trail and take about 1 hour. Free. [humboldtreddwoods.org](http://humboldtreddwoods.org).

**Habitat Improvement Team Volunteer Workday.** Second Saturday of every month, 9 a.m.-noon. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Help restore habitat by removing invasive, non-native plants and maintaining native plant areas. Wear long pants, long sleeves and closed-toe shoes. Bring drinking water. Tools, gloves and snack provided. [denise\\_seeger@fws.gov](mailto:denise_seeger@fws.gov). [fws.gov/refuge/humboldt-bay](http://fws.gov/refuge/humboldt-bay). (707) 733-5406.

**Richardson Grove State Park Winter Walks.** 11:30 a.m. Richardson Grove State Park Visitor's Center, 1600 U.S. Highway 101#8, Garberville. A guided walk with information about the park's cultural and natural history. Bring comfortable walking shoes, water and maybe a rain jacket. Walks are 0.5 miles long and about one hour on an ADA trail on Exhibit Trail or Nature Loop. Free.

#### ETC

**Hounds of Humboldt Puppy Love Party.** 12-6 p.m. Mad River Brewing Co. & Tap Room, 101 Taylor Way, Blue Lake. Contests, pet vendors, beer, wine, barbeque, DJ music. "Kissing booth" photo booth for you and your dogs. [houndsofhumboldt@gmail.com](mailto:houndsofhumboldt@gmail.com). [houndsofhumboldt.com/events](http://houndsofhumboldt.com/events). (209) 614-0108.

#### LIVE BANDS

**Buddy Reed and His Fabulous Rip it Ups.** 7-10 p.m. The Boardroom, 3750 Harris St., Redwood Acres, Eureka. For your diggin' and dancin' pleasure. [lostmindranch@gmail.com](mailto:lostmindranch@gmail.com). [www.buddyreedblues.com](http://www.buddyreedblues.com).

#### DJS

**Benji & Sarge OneWise.** 8-11 p.m. Phatsy Kline's Parlor Lounge, 139 Second St., Eureka. [historiceaglehouse.com](http://historiceaglehouse.com).

**Benji & Sarge OneWise.** 8-11 p.m. Phatsy Kline's Parlor Lounge, 139 Second St., Eureka. [historiceaglehouse.com](http://historiceaglehouse.com). 11:30 p.m.-2 a.m. The Jam, 915 H St., Arcata. [thejamarcata.com](http://thejamarcata.com).

#### OTHER

**Thursday-Friday-Saturday Canteen.** 3-9 p.m. Redwood Empire VFW Post 1872, 1018 H St., Eureka. See the newly remodeled Memorial Building and enjoy a cold beverage in the canteen with comrades. Play pool or darts. If you're a veteran, this place is for you. Free. [PearceHansen999@outlook.com](mailto:PearceHansen999@outlook.com). (707) 443-5331.

## 12 Sunday

#### ART

**Arts and Crafts Fair.** Noon-5 p.m. Lost Coast Brewery Taproom, 1600 Sunset Drive, Eureka. Indoor craft fair for Valentine's Day featuring local artists and local beer. Crafts include ceramics, jewelry, clothing, candles, crochet, bath and body products, paintings, stickers and more. Free. [ahamlin@lostcoast.com](mailto:ahamlin@lostcoast.com). [fb.me/e/5xsFjtU51](https://fb.me/e/5xsFjtU51). (707) 267-9651.

#### COMEDY

**Stand-up Comedy Workshop.** 7-8 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Led by local stand-up comic Jessica Grant. Bring a pen or pencil, and circle up to talk shop about jokes. Open to anyone interested in performing stand-up comedy. Drop-ins welcome. Free, donations accepted. [JessicaGrantComedy@gmail.com](mailto:JessicaGrantComedy@gmail.com). [savagehenrycomedy.com](http://savagehenrycomedy.com). (707) 845-8864.

**Sunday Open Mic.** 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Sign-ups at 9 p.m., show at 9:30 p.m., local favorite features for the 10@10. Comics get five minutes. Zero hate speech tolerated. All-ages w/caution for language. Snacks, drinks. Free, donations accepted. [info@savagehenrycomedy.com](mailto:info@savagehenrycomedy.com). [savagehenrycomedy.com](http://savagehenrycomedy.com). (707) 845-8864.

#### DANCE

**Renaissance Church w/Mo Desir.** Noon-1 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Full body workout and stretch to the *Renaissance* album by Beyoncé. All dance levels invited to join in on easy to follow hip hop, dancehall and ballroom routines. Free, \$5 suggested donation. [Admin@MoHDCreates.com](mailto:Admin@MoHDCreates.com). [mohdcreates.com/schedule-of-events](http://mohdcreates.com/schedule-of-events). (707) 633-3137.

#### MUSIC

**Songwriters Sharing Circle.** Second Sunday of every month, 10:30 a.m.-noon. Abundance Upcycle Boutique, 410 Railroad Ave., Blue Lake. In-person sharing of original songs in six-minute blocks with vetted sign-ups. Play live with an audience that supports the songwriting process. Details on Second Sunday Songwriters Humboldt Circle Facebook page. Free/donation. (707) 616-4502.

**Sunday Jazz Jams.** 5:30-8:30 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Every Sunday. Jazz players, all ages, all levels. Bring your ax and play some Real Book tunes. Everybody who wants to plays. Free. [blondiesfoodanddrink@gmail.com](mailto:blondiesfoodanddrink@gmail.com). [blondiesfoodanddrink.com](http://blondiesfoodanddrink.com). (707) 822-3453.

#### THEATER

**The Elephant Man.** 2 p.m. Ferndale Repertory Theatre, 447 Main St. See Feb. 10 listing.

#### EVENTS

**ArMack Valentines.** Noon-6 p.m. Arcata High School, 1720 M St. Send a singing Valentine in person or over Zoom. Members of the ArMack Orchestra and Choir perform a song and deliver a homemade card. Flowers, chocolates and extra songs for additional fee. Order by phone or online. \$15. [cmoulton@nohum.k12.ca.us](mailto:cmoulton@nohum.k12.ca.us). [tinyurl.com/Valentines2023](http://tinyurl.com/Valentines2023). (510) 333-2114.

**Humboldt Jewish Music and Culture Festival.** The fourth annual festival featuring the San Francisco Yiddish Combo presenting two concerts and two workshops, runs through Feb. 26, both in person and on Zoom. Full schedule online. Prices vary. [templebetheleureka.org](http://templebetheleureka.org).

#### FOOD

**The Black Hall - Brunch and Shopping Experience.** 10 a.m.-3 p.m. Mothers Cooking Experience, 1603 G street, Arcata. Community-wide event. Enjoy brunch and shop Black and local with a different array of local Black makers, businesses and crafters each week. [blackhumboldt@gmail.com](mailto:blackhumboldt@gmail.com). [blackhumboldt.com/black-liberation-month](http://blackhumboldt.com/black-liberation-month). (707) 840-4641.

**Food Not Bombs.** 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

#### GARDEN

**Fruit Tree Grafting: Lecture, Demonstration and Tour.** 2-4 p.m. Rainshine Permaculture Homestead, Must register for event for address, Freshwater. An introduction with an emphasis on making new trees and adding new varieties to existing trees. Rain or shine. Lecture and demonstration indoors, homestead tour follows. Email to reserve space. Free, \$10-20 donation recommended. [rainshinepermaculture@gmail.com](mailto:rainshinepermaculture@gmail.com). (707) 672-3102.

#### OUTDOORS

**Audubon Guided Field Trip w/Ralph Bucher.** 9-11 a.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Meet leader Ralph Bucher at the Visitor Center for this 2-mile walk along a wide, flat trail that is packed gravel and easily accessible. Email to sign up. Free. [thebook@reninet.com](mailto:thebook@reninet.com). [rras.org](http://rras.org).

**Women & Girls' Birding Field Trip.** 9 a.m.-noon. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Join Susan Penn and Susan O'Connor on an adventure to the Humboldt Bay National Wildlife Refuge and Loleta area. Meet at the Hookton Slough Unit. Free. [rras.org](http://rras.org).

#### OTHER

**Reel Genius Trivia at Fieldbrook Market.** 6-8 p.m. Field-



Homemade soy candles

### FEATURED HUMBOLDT COUNTY ARTIST

## Teeny's Candles



OPEN SUN 10 - 4, MON 12 - 5  
& TUES-SAT 10-5  
394 MAIN STREET, FERNDALE

[www.humboldtshometownstore.com](http://www.humboldtshometownstore.com)



brook Market & Eatery, 4636 Fieldbrook Road. General trivia fun for everyone. Free to play for prizes. Max seven players per team. Free. partners@reelgeniustrivia.com. fb.me/e/ZewBnU70H. (707) 601-1606.

## KARAOKE

**G.O.A.T. Karaoke at the Goat.** 8:30 p.m. Richards' Goat Tavern & Tea Room Miniplex, 401 I St., Arcata. See Feb. 9 listing.

**Karaoke at Clam Beach Tavern.** 8-midnight. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Every Sunday night.

# 13 Monday

## MUSIC

**Black Humboldt Black Liberation Month Radio Takeover.** 5-6 p.m. See Feb. 9 listing.

## EVENTS

**ArMack Valentines.** 4-8 p.m. Arcata High School, 1720 M St. See Feb. 12 listing.

**Humboldt Jewish Music and Culture Festival.** Countywide. See Feb. 12 listing.

## FOOD

**Volunteer Orientation Food for People.** 3:30-4:30 p.m. Virtual World, Online. See Feb. 9 listing.

## ETC

**Homesharing Info Session.** 9:30-10 a.m. and 1-1:30 p.m. This informational Zoom session will go over the steps and safeguards of Area 1 Agency on Aging's matching process and the different types of homeshare partnerships. Email for the link. Free. homeshare@alaa.org. alaa.org/homesharing. (707) 442-3763.

**Humboldt Bounsklee League.** 6-8 p.m. Humboldt Brews, 856 10th St., Arcata. Weekly league nights. Purchase of any wood bounsklee from Humbrews or the website includes one-month family membership for future events. All ages. Free. bounsklee@gmail.com. bounsklee.fun. (707) 601-9492.

**Tabata.** 5:30-6:30 p.m. Virtual World, Online. See Feb. 10 listing.

## OPEN MIC

**Clam Beach Open Mic.** 8-midnight. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Every Monday night.

## KARAOKE

**Karaoke at the Jam.** 9 p.m. The Jam, 915 H St., Arcata. Hosted by Dustin Thompkins. Free. thejamarcata.com.

# 14 Tuesday

## LECTURE

**All About the Foggy Bottoms Boys Farm.** 2 p.m. Ferndale Town Hall, 834 Main St. Thomas Nicholson Stratton, co-founder Foggy Bottoms Boys Farm, presents this illustrated lecture to the Ferndale Garden Club. Thomas and husband Cody raise organic sheep, cows and chickens — producing meat, fleece and eggs as well as milking for the Rumiano Cheese and Butter Company. They are also some of Ferndale's most famous residents — with a large Instagram following and worldwide sales of their branded items.

## BOOKS

**Authors Celebration.** 3-4 p.m. Cal Poly Humboldt Library, 1 Harpst St., Arcata. Celebrating local authors who have published in 2022 with talks, a social hour, trivia and refreshments. Free. press.humboldt.edu. authors.humboldt.edu. (707) 826-4072.

## COMEDY

**'No Strings Attached' Trivia.** 6-8 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Enjoy trivia games hosted by local comedians and compete for prizes. Trivia is followed by a feature comedy show at 9 p.m. Free. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

## MOVIES

**Romeo + Juliet (1996) - Happy Valentine's Day.** 7-10 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 7 p.m. Movie at 8 p.m. Rated PG-13. All ages (12 and under parental guidance suggested). \$8, \$12 admission and poster. info@arcatatheatre.com. facebook.com/events/904293907439099/. (707) 613-3030.

## MUSIC

**Opera Alley Cats.** 7-10 p.m. The SpeakEasy, 411 Opera Alley, Eureka. See Feb. 10 listing.

## THEATER

**Never After Happily.** 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Original family-friendly comedy about what happens to our favorite fairy tale characters after the happy ending. Special benefit performance for Community Access Project for Eureka. \$15, \$10 for students and seniors. ncr.net.

## EVENTS

**ArMack Valentines.** 8 a.m.-8 p.m. Arcata High School, 1720 M St. See Feb. 12 listing.

**Humboldt Jewish Music and Culture Festival.** Countywide. See Feb. 12 listing.

## FOOD

**An Evening of Wine & Chocolate.** 7-8 p.m. Dick Taylor Chocolate Factory, 333 First Street, Eureka. Enjoy candle light, chocolate and local wine. Head Chocolate Maker Adam Dick guides you through favorite pairings and how they're selected. Served with complimentary chocolate-dipped strawberries. \$45. info@dtchocolate.com. eventbrite.com/e/wine-chocolate-at-the-dick-taylor-chocolate-factory-tickets-520012259667. (707) 798-6010.

**Taco Tuesday.** 6-8 p.m. The Sanctuary, 1301 J St., Arcata. Community potluck with prep from 6 p.m. and eating from 7 to 8 p.m. Homemade tacos provided, bring your favorite taco filling. Donation. sanctuaryarcata.org.

## HOLIDAY EVENTS

**Valentine's Day Wine Tasting - Romantic Reds.** 4:30-6 p.m. Cafe Brio, 791 G St., Arcata. Treat yourself and a cherished one to a festive, sit-down flight of several French varietal wines produced in France and Trinity River Vineyards from Humboldt. With local wine educator Pam Long. Reservations required. Contact Cafe Brio Arcata to reserve your space. \$45. www.cafebrioarcata.com.

**Valentine's Evening with Blue Rhythm Revue.** 6-10 p.m. Trinidad Town Hall, 409 Trinity St. Enjoy hearty appetizers by Brett Shuler Fine Catering and desserts by the Civic Club. No-host wine and beer bar, dancing to Blue Rhythm Revue from 8 to 10 p.m., a raffle, silent auction and art show. Tickets online. \$40, \$75 for two at door or after Feb. 10; \$35, \$65 for two before Feb. 10. trinidadcivicclub.org. (707) 677-3655.

## MEETINGS

**Humboldt Cribbage Club Tournament.** 6:15-9 p.m. Moose Lodge, 4328 Campton Road, Eureka. Weekly six-game cribbage tournament for experienced players. Inexperienced players may watch, learn and play on the side. Moose dinner available at 5:30 p.m. \$3-\$8. 31for14@gmail.com. (707) 599-4605.



## ETC

**Disability Peer Advocate Group.** Second Tuesday of every month, 3 p.m. Virtual World, Online. Peer advocates supporting each other and furthering the disability cause. Email for the Zoom link. alissa@tilinet.org.

**English Express: An English Language Class for Adults.** Virtual World, Online. Build English language confidence in ongoing online and in-person classes. All levels and first languages welcome. Join anytime. Pre-registration not required. Free. englishexpressemastered.com. (707) 443-5021.

**Restorative Movement.** 10:30-11:30 a.m. & 2-3 p.m. Virtual World, Online. See Feb. 9 listing.

Continued on next page »




**What's on Your Bucket List?**

**SEASON 2**

**THURSDAYS AT 7:30PM**

**KEET.ORG/BUCKET**



**Like Our Drinking Water, Our Plastic & Glass Should Be Clean.**



**That All Starts At Your Recycling Bin**

Contact your local recycling center or curbside recycling service provider to make sure what you are trying to recycle isn't actually trash.

If you're not sure who that is, start with **Humboldt Waste Management Authority:** (707) 268-8680 programs@hwma.net



**hwma** 1059 W. Hawthorne St. Eureka www.hwma.net



## DJS

**Hip Hop Night w/DJM.** 10 p.m.-1 a.m. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Every Tuesday night.

**Latin Dance Tuesdays w/DJ Pachanguero.** 9 p.m.-1 a.m. Richards' Goat Tavern & Tea Room Miniplex, 4011 St., Arcata. Salsa, cumbia, tropical bass, pop and more. Tacos from 5 to 10 p.m. Ages 21 and up. Two-drink minimum purchase. info@miniplexevents.com. fb.me/e/2lgBtuaZc. (707) 630-5000.

## OTHER

**Thinkin' & Drinkin' With David Gilchrist.** Every other Tuesday, 6:30-8 p.m. Gyppo Ale Mill, 1661 Upper Pacific Drive, Shelter Cove. Trivia at the Gyppo Ale Mill with David Gilchrist. family@gyppo.com. gyppo.com/calendar-of-events. (707) 986-7700.

**You Guessed It.** 7-9 p.m. Bear River Casino Resort, 11 Bear Paws Way, Loleta. Compete against other teams for prizes like free play, free fuel, dining credits and Bear River swag. Free. bearrivercasino.com/thirsty-bear-lounge.

## OPEN MIC

**Spoken Word Open Mic.** 6-9 p.m. Northtown Coffee, 1603

G St., Arcata. Performances from local and nationally known poets, local business spotlights and more. Open mic list will be out at 5:45 p.m. Free.

## KARAOKE

**Karaoke.** 8 p.m. Firewater Lounge, Cher-Ae Heights Casino, 27 Scenic Drive, Trinidad. Pick a song and sing.

# 15 Wednesday

## ART

**Figure Drawing.** 6-8:30 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. \$5. blondiesfoodanddrink.com.

## BOOKS

**On the Same Page Book Club.** 5:30 p.m. Virtual World, Online. Online book club that meets on the first Wednesday of the month on Zoom. Sign up using the Google form at forms.gle/bAsjdQ7hKGqEgKj7.

## COMEDY

**Open Mikey.** 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. The longest running comedy open-mic in the county. Sign up at 9 p.m. for a five-minute set. Show at 9:30 p.m. Snacks, drinks, zero hate speech tolerated. All-ages w/caution for language. Free, donations accepted. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

**Washington Square Wednesdays.** 6-9 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Bring your own board and play chess. Snacks, drinks, friendly atmosphere for all-ages. ID to drink. Free, donations accepted. savagehenrycomedy.com. (707) 845-8864.

## DANCE

**Bootz N Beers.** 9-11 p.m. Thirsty Bear Lounge, Bear River Casino Resort, 11 Bear Paws Way, Loleta. Country music and line dancing lessons. Free. bearrivercasino.com.

## LECTURE

**Working with Detection Dog Teams: A Wildlife Conservation Methodology.** 7 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Jennifer Hartman and Heath Smith share about their work in person and via Zoom. Zoo update slideshow at 6:45 p.m., lecture at 7 p.m. Join Zoom meeting https://us02web.zoom.us/j/82504719560?pwd=a3NReVBHbTgwRXR3bEpXS-jVzRjBwZz09. Free. www.sequoiaparkzoo.net.

## MOVIES

**Sci-Fi Night: Earth Girls Are Easy (1988).** 6-9 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 6 p.m. Raffle 7:15 p.m. Main feature at 7:20 p.m. All ages (12 and under parental guidance suggested). \$5, \$9 admission and poster. info@arcatatheatre.com. facebook.com/events/1509497022859248/. (707) 613-3030.

## MUSIC

**Bayside Ballads and Blues.** 6-8 p.m. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Every Wednesday.

## EVENTS

**Humboldt Jewish Music and Culture Festival.** Countywide. See Feb. 12 listing.

## GARDEN

**Sea Goat Farm Garden Volunteer Opportunities.** 10 a.m.-5 p.m. Abbey of the Redwoods, 1450 Hiller Road, McKinleyville. See Feb. 10 listing.

## MEETINGS

**Countywide Substitute Teacher Orientation.** 2-3:30 p.m. Humboldt County Office of Education, 901 Myrtle Ave., Eureka. Learn how to succeed in the classroom, build positive relationships and get reimbursed up to \$150 for permit and live scan fees. Register by phone or online. Free. myhcoe.net/event/countywide-substitute-orientation-2/. (707) 445-4101.

**Real Estate Industry Networking Mixer.** Third Wednesday of every month, 5-7 p.m. Phatsy Kline's Parlor Lounge, 139 Second St., Eureka. A mixer with real estate agents, mortgage brokers, title and escrow agents, home inspectors, attorneys and CPAs, landlords/property managers, contractors, prospective buyers. For those with expertise or interest in home or commercial business ownership. trex@historiceaglehouse.com. fb.me/e/55YgOWRf3. (707) 407-0634.

## OUTDOORS

**February HBMS Meeting.** 7:30-9 p.m. Virtual World, Online. The February HBMS meeting with Ximena Curiel, who will present on fungal pigments. Zoom link: redwoods-edu.zoom.us/j/84711349094?pwd=Q3d0YnFuWG4wZDRlOCTyZ-0Y0WVE2dz09. Passcode: 350240. Free. hbmsnewsletter@gmail.com. hbmycologicalsociety.org.

## ETC

**Tabata.** 5:30-6:30 p.m. Virtual World, Online. See Feb. 10 listing.

## DJS

**Weds Night Ting.** The Jam, 915 H St., Arcata. Reggae, dancehall, Afrobeats, basshall. Resident DJs Pressure and D'Vinity. Surprise guest DJs and bands. TBD. thejamarcata.com.

## OTHER

**Reel Genius Trivia Wednesdays.** 6-8 p.m. The Madrone Taphouse, 421 Third St., Eureka. General trivia; fun for everyone. Free to play, win prizes. Max seven players per team. partners@reelgeniustrivia.com. fb.me/e/2ewBnU70H. (707) 601-1606.

# 16 Thursday

## ART

**Afrocentric Art w/SoulBunni.** 6-8 p.m. The Sanctuary, 1301 J St., Arcata. BIPOC exclusive event. Afrocentric art skills led and facilitated by SoulBunni. Supplies and light refreshments provided. All ages. blackhumboldt@gmail.com. blackhumboldt.com/black-liberation-month. (707) 840-4641.

**Figure Drawing at Synopsis.** 7-9 p.m. Synopsis Collective, 1675 Union St., Eureka. See Feb. 9 listing.

**Thursday Night Art.** 4-7 p.m. The Sanctuary, 1301 J St., Arcata. See Feb. 9 listing.

## COMEDY

**Jackbox Night.** 6-8 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. See Feb. 9 listing.

## MUSIC

**Black Humboldt Black Liberation Month Radio Takeover.** 6-9 p.m. See Feb. 9 listing.

**McKinleyville Community Choir Rehearsal.** 6:30-8:30 p.m. Arcata Presbyterian Church, 670 11th St. See Feb. 9 listing.

**Riders In The Sky.** 7:30 p.m. The Old Steeple, 246 Berding St., Ferndale. Award-winning harmonies, wacky Western wit and comedy and Western with high-yodeling adventures Riders In The Sky. \$46.50.

## EVENTS

**Humboldt Jewish Music and Culture Festival.** Countywide. See Feb. 12 listing.

## FOOD

**Volunteer Orientation Food for People.** 3-4 p.m. Virtual World, Online. See Feb. 9 listing.

## ETC

**Restorative Movement.** 10:30-11:30 a.m. & 2-3 p.m. Virtual World, Online. See Feb. 9 listing.

## DJS

**Throw 'Em Back Thursdays.** Third Thursday of every month, 9 p.m. Wave Lounge, Blue Lake Casino, 777 Casino Way. DJ Statik spinning throwback, hip hop and R&B. Free. blu lake-casino.com/entertainment/wave.

## OTHER

**Reel Genius Trivia at Scotia Lodge.** 6-8 p.m. Scotia Lodge, 100 Main St. General trivia for everyone on the first and third Thursday of the month. Family friendly, free to play. Max seven players per team. Fun format with prizes for winners. partners@reelgeniustrivia.com. fb.me/e/2umTGMlFP. (707) 601-1606.

## OPEN MIC

**Blondies Open Mic.** 6 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. See Feb. 9 listing.


**Siren's Song Open Mic.** 7 p.m. The Siren's Song Tavern, 325 Second St., Eureka. See Feb. 9 listing.

## KARAOKE


**G.O.A.T. Karaoke at the Goat.** 8:30 p.m. Richards' Goat Tavern & Tea Room Miniplex, 4011 St., Arcata. See Feb. 9 listing.

# New 2023

# TACOMA



## Tacomas in stock now, with more on the way.




**2 MILES NORTH OF EUREKA**

All advertised prices exclude government fees and taxes, any finance charges, and any emission testing charge. All new car fees include a \$85 dealer doc. fee.

**(707) 443-4871**

[www.mid-citytoyota.com](http://www.mid-citytoyota.com)

Mon - Fri: 8:30am to 7:00pm  
Saturday: 9:00am to 6:00pm  
Sunday: 11:00am to 5:00pm



**TOYOTA**

*Let's Go Places*





Who wants to play Cards Against Humanity?  
*You People*

# You People Brings the Cringe

By Jennifer Fumiko Cahill  
jennifer@northcoastjournal.com

**YOU PEOPLE.** There is a cathartic release that comes with watching terrifying movies. The adrenaline, the comforting resolution, the jump scare at the end that allows us to laugh at ourselves a little. Even the lingering dread as you turn the bathroom light on later to brush your teeth is a small, morbid thrill if you dare glance up at the mirror. I'm into it. I will dive headlong into the sensation of goosebumps and outright fear when a movie is immersive enough. But for cringe — the whole-body, second-hand shame of watching fictional people flail and offend through delicate moments — I am a lightweight. *You People*, written by Jonah Hill and Kenya Barris, who also directed, is out of my league. Curiosity (rubbernecking?) and the coaxing of my cringe-chasing daughter won out but had I known Barris was behind the movie, I'd have been an easier mark.

Barris' dialogue and humor show up in *Black-ish* (2014) and *Girls Trip* (2017), the latter being an underrated, raunchy and raucous ensemble starring Queen Latifah, Jada Pinkett Smith, Regina Hall and Tiffany Haddish, all of whom perform at the top of their game. Here, Barris and Hill are writing for something of a comic dream team, including Eddie Murphy, Julia Louis Dreyfuss and Hill. The peril of a romantic comedy, especially one about a white Jewish man and a Black Muslim woman with clashing in-laws, is that some of the cringe isn't intentional. Whether you can hold on through all the flavors of embarrassment

for the sake of some very funny scenes is another story.

Ezra Cohen (Hill), a Jewish stockbroker/sneaker head in Los Angeles who hates his job and is at the height of maternal pressure to find a nice girl, only seems comfortable in front of a microphone recording a podcast with his best friend Mo (a fantastic Sam Jay). The two talk music, sports and pop culture, specifically Black culture. Ezra mistakes costume designer/stylist Amira's (Lauren London) car for his Uber ride, and they shift from understandably hostile to meet-cute. The date montage rolls into cohabitation and eventually to meeting the parents. On Ezra's side of the aisle, that means his overbearing, zero-filter mother Shelley (Louis-Dreyfus), almost equally awkward and awed sister Liza (Molly Gordon), and goofy, clueless father Arnold (David Duchovny). After the initial car-crash introductions, Shelley's eager welcome of Amira shifts from wildly ham-fisted attempts at proving how accepting the white family is of Black people (\*reviewer stops briefly to breathe into paper bag) to fetishizing Amira and treating her like a trophy for allyship. Ezra's first meeting with Amira's pious parents Akbar (Eddie Murphy) and Fatima (Nia Long) to gain their blessing before proposing to Amira is a spectacular failure from the choice of lunch at Roscoe's House of Chicken 'n' Waffles to his rambling tangent on sex with their daughter (\*reviewer

*Continued on next page »*

THE HUMBOLDT COUNTY COLLECTIVE

# NEW LOCATION

*Up the alley and to the left of our old location*

# NOW OPEN

**1662 Myrtle Ave.**  
**SUITE A Eureka**  
**707.442.2420**

**UP THE ALLEY** AND TO THE LEFT OF OUR OLD LOCATION

**NEW HOURS** M-F 10am-7pm  
Sat 11am-6pm  
Sun 11am-5pm

**BEST PRICES IN HUMBOLDT** 21+ only License No. C10-0000997-LIC



**INCREDIBLE  
BULK  
DAYS**

**MEMBERS  
SAVE 20% ON  
THE ENTIRE  
BULK DEPARTMENT**

**FEBRUARY 24-26**

Your organic, member-owned grocery store since 1973

**NORTH COAST  
COOP**

www.northcoast.coop

811 I St. Arcata • 25 4th St. Eureka

## NCJ SCREENS

Continued from previous page

stops briefly again to eat paper bag). Akbar, whose politics and religion make Ezra an unacceptable choice for his daughter, isn't won over by Ezra's frantic overtures. Getting both sets of parents together for a meal ends in flames both literal and figurative, and doesn't bode well for wedding planning or the respective bachelor and bachelorette weekends. Can these two crazy kids work it out?

There is much to laugh at and with in *You People*, with some of the best zingers delivered between those closest, with endless in-group ribbing between Ezra and Mo, the Cohens and Akbar's family. Louis-Dreyfus is diabolically believable as Shelley, at once forceful and brittle, pushing and prodding, when all social cues are flashing red. It's strange to see Murphy mostly playing straight man, though his downward stare is effective and he eats up the few truly funny lines he gets. Long is a bit underused, and Amira seems unable to do wrong, aside from maybe deferring too easily to her father, which doesn't allow her to do as much as she might have. Jay (who gets the wisest moment in the film) and Mike Epps (basically *King Lear*'s fool) steal scenes effortlessly, as does Deon Cole, as a cousin and aspiring event planner.

There are weird holes, like the total lack of interaction between the couple's respective friend groups, and moments where a bigger risk might have been taken to really dig into racism, antisemitism and the personal issues between characters rather than simply tossing them onto a growing pile that needs to be built and pushed aside in two hours. But there's a genuine sweetness to the blossoming romance — definitely more than I thought possible when one of them has Justin Timberlake highlights from 1999. And while the resolution feels rushed and easy, there's pleasure in watching some seasoned pros work scene by scene. But you might want a paper bag just in case. R. 117M. NETFLIX.

*Jennifer Fumiko Cahill (she/her) is the arts and features editor at the Journal.*

*Reach her at (707) 442-1400, extension 320, or [jennifer@northcoastjournal.com](mailto:jennifer@northcoastjournal.com). Follow her on Instagram @JFumikoCahill and on Mastodon @jenniferfumikocahill.*

## NOW PLAYING

**80 FOR BRADY.** Pound a shot of Donkey Sauce when you see Guy Fieri in this NFL ad starring Lily Tomlin, Jane Fonda, Rita Moreno, Sally Field and Gisele's ex. PG13. 98M. BROADWAY, MILL CREEK.

**THE AMAZING MAURICE.** A talking scammer cat hatches a scheme in this animated adventure voiced by Hugh Laurie and Emelia Clarke. PG. 93M. BROADWAY, MILL CREEK.

**AVATAR: THE WAY OF WATER.** Catching up with the blue cat aliens 10 years later in James Cameron's sequel starring Sam Worthington, Zoe Saldana, Sigourney Weaver and Kate Winslet. PG13. 192M. BROADWAY (3D), MILL CREEK (3D).

**THE CHOSEN: SEASON 3 FINALE.** The Christian Bible drama series about Jesus' miracles wraps up. PG. BROADWAY.

**CONSECRATION.** A woman visits a Scottish convent where her brother dies and things get weird. Starring Jena Malone and Danny Huston. R. 90M. MILL CREEK.

**CORSAGE.** Rebellious royals are having a moment. This drama follows an unmarried Austrian princess bucking protocol in 1877. NR. 114M. MINOR.

**EVERYTHING EVERYWHERE ALL AT ONCE.** Michelle Yeoh blows minds in the multiverse in a moving kung fu/sci-fi with Ke Huy Quan and Jamie Lee Curtis. R. 150M. MINOR.

**KNOCK AT THE CABIN.** Hostage situation with a twist on doomsday preppers from director M. Night Shyamalan. Starring Dave Bautista and Jonathan Groff. R. 200M. BROADWAY, MILL CREEK.

**M3GAN.** Yes, she's a child's baby-influencer, uncanny-valley robot who turns on her family but she looks amazing and who among us? PG13. 102M. BROADWAY, MILL CREEK.

**A MAN CALLED OTTO.** A grumpy widower (Tom Hanks) who's lost the will to live bonds with a cat and the new family next door. Also starring Mariana Treviño. PG13. 126M. BROADWAY.

**MISSING.** Storm Reid plays a cyber-sleuthing teen who learns her mother's (Nia Long) secrets when she disappears overseas. PG13. 111M. BROADWAY.

**PUSS IN BOOTS: THE LAST WISH.** Sequel spinoff starring the swashbuckling cat voiced by Antonio Banderas. With Salma Hayek. PG. 100M. BROADWAY, MILL CREEK.

**SHE CAME FROM THE WOODS.** Summer camp teen horror set in 1987. Wear your side ponytail. R. 101M. MILL CREEK.

**TITANIC 3D.** Go down with the ship all over again. MILL CREEK.

**THE WHALE.** Brendan Fraser stars as a grieving, homebound writing professor in a drama by director Darren Aronofsky. R. 117M. MINOR.

**WHEN HARRY MET SALLY (1989).** Nora Ephron's 1980s romcom with Meg Ryan, Billy Crystal and the secret star of the movie, Carrie Fisher. R. 95M. MINOR.

*Fortuna Theatre is temporarily closed due to earthquake damage. For showtimes call: Broadway Cinema (707) 443-3456; Mill Creek Cinema 839-3456; Minor Theatre (707) 822-3456.*



# Free Will Astrology

## Week of Feb. 9, 2023

By Rob Breznsy  
freewillastrology@freewillastrology.com

**ARIES (March 21-April 19):** During my quest for advice that might be helpful to your love life, I plucked these words of wisdom from author Sam Kean: “Books about relationship talk about how to ‘get’ the love you need, how to ‘keep’ love, and so on. But the right question to ask is, ‘How do I become a more loving human being?’” In other words, Aries, here’s a prime way to enhance your love life: Be less focused on what others can give you and more focused on what you can give to others. Amazingly, that’s likely to bring you all the love you want.

**TAURUS (April 20-May 20):** You have the potential to become even more skilled at the arts of kissing and cuddling and boinking than you already are. How? Here are some possibilities. 1. Explore fun experiments that will transcend your reliable old approaches to kissing and cuddling and boinking. 2. Read books to open your mind. I like Margot Anand’s The New Art of Sexual Ecstasy. 3. Ask your partner(s) to teach you everything about what turns them on. 4. Invite your subconscious mind to give you dreams at night that involve kissing and cuddling and boinking. 5. Ask your lover(s) to laugh and play and joke as you kiss and cuddle and boink.

**GEMINI (May 21-June 20):** You are an Italian wolf searching for food in the Apennine Mountains. You’re a red-crowned crane nesting in a wetland in the Eastern Hokkaido region of Japan. You’re an olive tree thriving in a salt marsh in southern France, and you’re a painted turtle basking in a pool of sunlight on a beach adjoining Lake Michigan. And much, much more. What I’m trying to tell you, Gemini, is that your capacity to empathize is extra strong right now. Your smart heart should be so curious and open that you will naturally feel an instinctual bond with many life forms, including a wide array of interesting humans. If you’re brave, you will allow your mind to expand to experience telepathic powers. You will have an unprecedented knack for connecting with simpatico souls.

**CANCER (June 21-July 22):** My Cancerian friend Juma says, “We have two choices at all times: creation or destruction. Love creates and everything else destroys.” Do you agree? She’s not just talking about romantic love, but rather love in all forms, from the urge to help a friend, to the longing to seek justice for the dispossessed, to the compassion we feel for our descendants. During the next three weeks, your assignment is to explore every nuance of love as you experiment with the following hypothesis: To create the most interesting and creative life for yourself, put love at the heart of everything you do.

**LEO (July 23-Aug. 22):** I hope you get ample chances to enjoy deep soul kisses in the coming weeks. Not just perfunctory lip-to-lip smooches and pecks on the cheeks, but full-on intimate sensual exchanges. Why do I recommend this? How could the planetary positions be interpreted to encourage a specific expression of romantic feeling? I’ll tell you, Leo: The heavenly omens suggest you will benefit from exploring the frontiers of wild affection. You need the extra sweet, intensely personal communion that comes best from the uninhibited mouth-to-mouth form of tender sharing. Here’s what Leo poet Diane di Prima said: “There are as many kinds of kisses as there are people on earth, as there are permutations and combinations of those people. No two people kiss alike—no two people fuck alike—but somehow the kiss is more personal, more individualized than the fuck.”

**VIRGO (Aug. 23-Sept. 22):** Borrowing the words of poet Oriah from her book The Dance: Moving to the Deep Rhythms of Your Life, I’ve prepared a love note for you to use as your own this Valentine season. Feel free to give these words to the person whose destiny needs to be woven more closely together with yours. Oriah writes, “Don’t tell me how wonderful things will be someday. Show me you can risk being at peace with the way

things are right now. Show me how you follow your deepest desires, spiraling down into the ache within the ache. Take me to the places on the earth that teach you how to dance, the places where you can risk letting the world break your heart.”

**LIBRA (Sept. 23-Oct. 22):** Libran author Walter Lippman wrote, “The emotion of love is not self-sustaining; it endures only when lovers love many things together, and not merely each other.” That’s great advice for you during the coming months. I suggest that you and your allies—not just your romantic partners, but also your close companions—come up with collaborative projects that inspire you to love many things together. Have fun exploring and researching subjects that excite and awaken and enrich both of you.

**SCORPIO (Oct. 23-Nov. 21):** Scorpio writer Paul Valéry wrote, “It would be impossible to love anyone or anything one knew completely. Love is directed towards what lies hidden in its object.” My challenge to you, Scorpio, is to test this hypothesis. Do what you can to gain more in-depth knowledge of the people and animals and things you love. Uncover at least some of what’s hidden. All the while, monitor yourself to determine how your research affects your affection and care. Contrary to what Valéry said, I’m guessing this will enhance and exalt your love.

**SAGITTARIUS (Nov. 22-Dec. 21):** In his book Unapologetically You, motivational speaker Steve Maraboli writes, “I find the best way to love someone is not to change them, but instead, help them reveal the greatest version of themselves.” That’s always good advice, but I believe it should be your inspirational axiom in the coming weeks. More than ever, you now have the potential to forever transform your approach to relationships. You can shift away from wanting your allies to be different from what they are and make a strong push to love them just as they are.

**CAPRICORN (Dec. 22-Jan. 19):** I analyzed the astrological omens. Then I scoured the internet, browsed through 22 books of love poetry, and summoned memories of my best experiences of intimacy. These exhaustive efforts inspired me to find the words of wisdom that are most important for you to hear right now. They are from poet Rainer Maria Rilke (translated by Stephen Mitchell): “For one human being to love another human being: that is perhaps the most difficult task that has been entrusted to us, the ultimate task, the final test and proof, the work for which all other work is merely preparation.”

**AQUARIUS (Jan. 20-Feb. 18):** To get the most out of upcoming opportunities for intimacy, intensify your attunement to and reverence for your emotions. Why? As quick and clever as your mind can be, sometimes it neglects to thoroughly check in with your heart. And I want your heart to be wildly available when you get ripe chances to open up and deepen your alliances. Study these words from psychologist Carl Jung: “We should not pretend to understand the world only by the intellect; we apprehend it just as much by feeling. Therefore, the judgment of the intellect is, at best, only the half of truth, and must, if it be honest, also come to an understanding of its inadequacy.”

**PISCES (Feb. 19-March 20):** “In love there are no vacations. Love has to be lived fully with its boredom and all that.” Author and filmmaker Marguerite Duras made that observation, and now I convey it to you—just in time for a phase of your astrological cycle when boredom and apathy could and should evolve into renewed interest and revitalized passion. But there is a caveat: If you want the interest and passion to rise and surge, you will have to face the boredom and apathy; you must accept them as genuine aspects of your relationship; you will have to cultivate an amused tolerance of them. Only then will they burst in full glory into renewed interest and revitalized passion. ●

# WORKSHOPS & CLASSES

List your class – just \$4 per line per issue!  
Deadline: Friday, 5pm. Place your online ad at [classified.northcoastjournal.com](http://classified.northcoastjournal.com) or e-mail: [classified@northcoastjournal.com](mailto:classified@northcoastjournal.com) Listings must be paid in advance by check, cash or Visa/MasterCard. Many classes require pre-registration.

## Dance/Music/Theater/Film

### PROGRAMS OFFERED BY HC BLACK MUSIC AND ARTS FOR THE 2022-2023 SCHOOL YEAR

Spring - President weeks MLK learning center  
Spring- Black graduates are welcome to join the Kente Donning ceremony last week in May. To apply go [www.hcblackmusicarts.org](http://www.hcblackmusicarts.org)  
Fall- Harambee gospel choir practicing for MLK Jr day in November and December to sign up go [www.hcblackmusicarts.org](http://www.hcblackmusicarts.org)  
Glen Edward Literacy circle takes place on Saturdays at the Arcata Farmers Market.

## Fitness

**SUN YI’S ACADEMY OF TAE KWON DO.** Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit [www.sunyisarcata.com](http://www.sunyisarcata.com). (707) 825-0182.

## 50 and Better

**TAKE A CLASS WITH OLLI.** Anyone can take an OLLI class. Join OLLI today and get the member discount on classes. Non-members add \$25 to the class fee listed. <https://extended.humboldt.edu/olli/olli-upcoming-courses>

**THE OLLI SPRING OPEN HOUSE** is slated for **Saturday, February 11** from **1-3 p.m.** at the D Street Neighborhood Center in Arcata. Explore a showcase of more than **30 in-person classes** and field trips and more than **40 online classes** and presentations. <https://extended.humboldt.edu/olli>. Join or renew your OLLI membership today. **Spring Classes start in March.**

## Spiritual

**EVOLUTIONARY TAROT** Ongoing Zoom classes, private mentorships and readings. Carolyn Ayres. 442-4240 [www.tarotofbecoming.com](http://www.tarotofbecoming.com) [carolyn@tarotofbecoming.com](mailto:carolyn@tarotofbecoming.com)

**SOTO ZEN MEDITATION** Sunday programs and weekday meditation in Arcata locations; Wed evenings in Eureka, [arcatazengroup.org](http://arcatazengroup.org) Beginners welcome, call for orientation. (707) 826-1701

## Therapy & Support

**ALCOHOLICS ANONYMOUS.** We can help 24/7, call toll free 1-844 442-0711.

**SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS?** Confidential help is available. 707-499-0205, [saahumboldt@yahoo.com](mailto:saahumboldt@yahoo.com) (T-1229)

**SMARTRECOVERY.ORG**  
call 707-267-7868

## Vocational

**40-HOUR WILDLAND FIRE TRAINING** March 14 - 18, 2023. Call College of the Redwoods Community Education at (707) 476-4500.

**ADDITIONAL ONLINE CLASSES** College of the Redwoods Community Education and Ed2GO have partnered to offer a variety of short term and career courses in an online format. Visit <https://www.redwoods.edu/communityed/Detail/ArtMID/17724/ArticleID/4916/Additional-Online-Classes>

**FREE AMERICAN SIGN LANGUAGE CLASSES:** Online or Face to Face Call College of the Redwoods Adult Education (707) 476-4500.

**FREE COMPUTER SKILLS CLASSES:** Online or Face to Face Call College of the Redwoods Adult Education (707) 476-4500.

**FREE ENGLISH AS A SECOND LANGUAGE CLASSES:** Online or Face to Face Call College of the Redwoods Adult Education (707) 476-4500.

**FREE HIGH SCHOOL EQUIVALENCY/GED PREP:** Online or Face to Face Call College of the Redwoods Adult Education (707) 476-4500.

**FREE LIVING SKILLS FOR ADULTS W/ DISABILITIES CLASSES:** Call College of the Redwoods Adult Education (707) 476-4500.

**FREE WORK READINESS CLASSES: ONLINE** Call College of the Redwoods Adult Education (707) 476-4500.

**HOME INSPECTION CERTIFICATION PROGRAM** Visit: <https://www.redwoods.edu/communityed/Detail/ArtMID/17724/ArticleID/6231/Home-Inspection-Certification-Program>

**INJECTIONS** March 28, 2023 Call College of the Redwoods Community Education at (707) 476-4500.

**MEDICAL BILLING & CODING INFORMATIONAL MEETING** March 18 and 23, 2023 Call College of the Redwoods Community Education at (707) 476-4500.

**PHARMACY TECHNICIAN INFORMATIONAL MEETING** March 18 and 21, 2023 Call College of the Redwoods Community Education at (707) 476-4500.

**SERVSAFE MANAGER’S CERTIFICATE TRAINING** February 23, 2023. Call College of the Redwoods Community Education at (707) 476-4500.

**VENIPUNCTURE** March 30, 2023 Call College of the Redwoods Community Education at (707) 476-4500.

## Wellness & Bodywork

**AYURVEDA HERBALIST PRACTITIONER TRAINING** @ Ayurvedic Living School w/Traci Webb & World Class Guides. Learn to heal common imbalances in all bodily systems, make your own herbal medicines, create customized herbal formulations, Read the body for imbalances, Internship Option. Meets: weekly online + monthly community clinics Starts 2/28, Orient: 2/21, Deadline: 3/3 Create a career aligned w/your calling! [www.ayurvedicliving.com](http://www.ayurvedicliving.com) (W-0223)



**NOTICE OF TRUSTEE'S SALE**

**COMPLIANCE WITH CALIFORNIA CIVIL CODE SECTION 2923.3 WAS NOT REQUIRED BECAUSE THE DEED OF TRUST DOES NOT SECURE PROPERTY AS DESCRIBED IN CIVIL CODE SECTION 2924.15(a).**

**YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED APRIL 10, 2019. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.**

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or a savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by the duly appointed trustee, as shown below, all right, title and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein.

**TRUSTOR: Lermott Management, LLC**

**DULY APPOINTED TRUSTEE: Harland Law Firm LLP**

**DEED OF TRUST RECORDED: April 10, 2019**

**INSTRUMENT NUMBER: 2019-006303** of the Official Records of the Recorder of Humboldt County, California

**DATE OF SALE:** March 17, 2023 at 11:00 A.M.

**PLACE OF SALE:** Front entrance to the County Courthouse, 825 5th Street, Eureka, CA 95501

**THE COMMON DESIGNATION OF THE PROPERTY IS PURPORTED TO BE: 900 Golden Gate Drive, Carlotta, CA 95528.**

**Directions to the property may be obtained by pursuant to a written request submitted to Harland Law Firm LLP, 212 G Street, Suite 201, Eureka, CA 95501, within 10 days from the first publication of this notice.**

**See Exhibit A attached hereto and made a part hereof for the Legal Description.**

**Amount of unpaid balance and other charges as of January 27, 2023: \$440,502.55.**

**Beneficiary may elect to open bidding at a lesser amount.**

The total amount secured by said instrument as of the time of initial publication of this notice is stated above, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses and advances at the time of initial publication of this notice.

**NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to fee and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

**NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call the trustee's information line at (707)

444-9281. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information. The best way to verify postponement information is to attend the scheduled sale.

**DATED:** This \_\_\_ day of January, 2023 in the city of Eureka, and the county of Humboldt, California.

Harland Law Firm LLP

John S. Lopez, Attorney,

Trustee for Beneficiary

Kamran Farid

**EXHIBIT A****LEGAL DESCRIPTION**

**For APN/Parcel ID(s): 207-321-023**

THE LAND REFERRED TO HEREIN BELOW IS SITUATED IN THE UNINCORPORATED AREA IN COUNTY OF HUMBOLDT, STATE OF CALIFORNIA AND IS DESCRIBED AS FOLLOWS:

**PARCEL ONE**

That portion of the West Half of the West Half of the Southwest Quarter of Section 16, Township 1 North, Range 3 East, Humboldt Meridian, according to the Official United States Government Survey, lying South of the Van Duzen River.

**PARCEL TWO**

Any and all easements and rights of way of record, as granted in deed from Harry E. Verwer and Dorothy A. Verwer, husband and wife, to Jack R. Noble and Mandy S. Noble, husband and wife, as joint tenants, dated May 5, 1972 and recorded May 8, 1972 in Book 1136 of Official Records, page 481, under Recorder's File No. 7572, Humboldt County Records.

**PARCEL THREE**

That portion of Lot 34 of Tract No. 25, Little Golden Gate Subdivision as shown on the Amended Map thereof filed in the Humboldt County Recorder's Office in Book 14 of Maps, pages 58, 59 and 60, described as follows:

A non-exclusive, unrestricted right of way for ingress, egress, and public utilities over and in that portion off the Westerly side thereof that lies West of a line beginning 50 feet East of the Southwest corner thereof and runs thence Northerly parallel with the East lines of Parcel D and Lots 35 and 32 the Northerly extension of the East line of said Lot 32 of said subdivision to the North line of said Lot 34.

Said right of way being the same as reserved in the deed from Jack R. Noble and wife, to James J. Taylor and wife, recorded November 20, 1977 in Book 1454 of Official Records, page 637.

**PARCEL FOUR**

A non-exclusive easement for ingress and egress over a strip of land 25 feet in width, the centerline of which is described as follows:

BEGINNING in Parcel D as shown on the map of Tract No. 25 (Little Golden Gate Subdivision) on file in the Office of the County Recorder of said County in Book 14 of Maps, pages 58, 59 and 60 at the most Northwest-erly terminus of Course 1 as shown on the Record of Survey on file in the Office of the County in Book 26 of Surveys, page 93;

thence following the courses set forth on said Record of Survey in a general Southerly and Westerly di-rection to the most North-westerly terminus of Course 14 as set forth thereon;

thence North 51 degrees 11 minutes 45 seconds West, 136.87 feet;

thence North 62 degrees 06 minutes 45 seconds West, 188.07 feet;

thence North 27 degrees 35 minutes 30 seconds West, 69.2 feet to the West line of the Southeast Quarter of Section 16, Township 1 North, Range 3 East, Humboldt Meridian.

**PARCEL FIVE**

A non-exclusive easement for ingress and egress over Parcels C and D of Tract No. 25 (Little Golden Gate Subdivision) according to the amended map thereof on file in the Office of the County

Recorder of said County in Book 14 of Maps, pages 58, 59 and 60.

**PARCEL SIX**

A non-exclusive easement for ingress, egress and utilities over that portion of the strip of land 25 feet in width which lies within the Southwest Quarter of Section 16, Township 1 North, Range 3 East, Humboldt Meridian.

BEGINNING at the most Northwesterly terminus of Course No. 14 as shown on the Record of Survey on file in the Office of the County Recorder of said County in Book 26 of Surveys, page 93;

thence North 51 degrees 11 minutes 45 seconds West, 136.87 feet;

thence North 62 degrees 06 minutes 45 seconds West, 188.07 feet;

thence North 27 degrees 35 minutes 30 seconds West, 178.32 feet;

thence South 78 degrees 24 minutes 40 seconds West, 235.97 feet;

thence South 39 degrees 30 minutes 25 seconds West, 133.45 feet;

thence South 68 degrees 40 minutes 55 seconds West, 180.04 feet;

thence North 80 degrees 24 minutes 35 seconds West, 243.8 feet;

thence North 89 degrees 01 minutes 50 seconds West, 259.14 feet;

thence South 79 degrees 57 minutes 55 seconds West, 194.8 feet;

thence North 59 degrees 41 minutes 35 seconds West, 140.2 feet;

thence North 77 degrees 03 minutes 05 seconds West, 305.4 feet;

thence North 79 degrees 01 minutes 50 seconds West, 197.0 feet;

thence North 59 degrees 45 minutes 20 seconds West, 245.3 feet;

thence North 74 degrees 19 minutes 20 seconds West, 274.8 feet;

thence North 68 degrees 04 minutes 20 seconds West, 153.1 feet;

thence South 53 degrees 30 minutes 55 seconds West, 105.4 feet;

thence South 78 degrees 16 minutes 55 seconds West, 65.0 feet, more or less, to the West line of said Section 16.

EXCEPTING THEREFROM that portion thereof which lies within Parcel One above.

**PARCEL SEVEN**

A non-exclusive easement for ingress and egress in and across a strip of land 20 feet wide the centerline of which is the centerline of the new bridge and new road bed as it currently exists, the location of which is along or near Course 34 as shown on Record of Survey filed in book 38 of Surveys, page 62, Humboldt County Rec-ords.

**PARCEL EIGHT**

That portion of the West Half of the West Half of Section 16, Township 1 North, Range 3 East, Humboldt Meridian, described as follows:

BEGINNING at the Southwest corner of the lands described in the deed to David Cramer and wife recorded June 29, 1983 in Book 1706, Page 64, Humboldt County Official Records;

thence North along the West line of said lands 826.00 feet to a 3/4" iron pipe marked LS4946 and the true point of beginning;

thence South 89 degrees 25 minutes 09 seconds East 186.00 feet to a 3/4" iron pipe marked LS4946;

thence North 0 degrees 14 minutes 32 seconds East, 550 feet, more or less, to the North line of said Cramer lands;

thence Westerly along said North line to the Northwest corner thereof; and

thence South 0 degrees 14 minutes 32 seconds West to the true point of beginning.

**PARCEL NINE**

An easement to maintain the location of an existing residence and septic system as described in that certain instrument entitled "Judgement Granting Equitable Easement", recorded April 18, 2016 under Recorder's Instrument No. 2016-007130, Humboldt County Records.

**NOTICE OF PETITION TO ADMINISTER ESTATE OF EMIKO O. MIRANDA, a/k/a EMIKO OIKAWA MIRANDA CASE NO. PR2300023**

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of EMIKO O. MIRANDA, a/k/a EMIKO OIKAWA MIRANDA

A PETITION FOR PROBATE has been filed by Petitioner SUSAN M. HUNTER

In the Superior Court of California, County of Humboldt.

The petition for probate requests that SUSAN M. HUNTER be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on March 2, 2023 at 1:31 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 3

You have been served with a Notice of Petition to Administer Estate pursuant to which a court hearing has been scheduled. Due to the COVID-19 pandemic, if you wish to appear at the court hearing, you must do so remotely. Instructions to appear remotely are set forth on the Court's website: [www.humboldt.courts.ca.gov](http://www.humboldt.courts.ca.gov).

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California

**Get Your Markers Ready**

**NCJ Coloring Book available at [www.ncjshop.com](http://www.ncjshop.com)**

**13 Artists to color! Benefits local artists and local journalism**













above on Not Applicable  
I declare that all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Bryan Kelley, Owner  
This February 2, 2023  
JUAN P. CERVANTES  
by tn, Humboldt County Clerk  
2/9, 2/16, 2/23, 3/2 (23-035)

**FICTITIOUS BUSINESS NAME  
STATEMENT 23-00083**  
The following person is doing Business as  
**RYAN'S POWER WASHING**

Humboldt  
1530 7th St  
Eureka, CA 95501

**Ryan Roberts**  
**1530 7th St**  
**Eureka, CA 95501**

The business is conducted by an Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on February 6, 20203  
I declare that all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Ryan Roberts, Owner  
This February 6, 2023  
JUAN P. CERVANTES  
by jc, Humboldt County Clerk  
2/9, 2/16, 2/23, 3/2 (23-044)

**STATEMENT OF ABANDON-  
MENT OF USE OF FICTITIOUS  
BUSINESS NAME  
FILE NO. 22-00406**

The following person have abandoned the use of the fictitious business name CENTRAL OFFICE/ COPY CENTER  
Humboldt  
326 I Street  
Eureka, CA 95501  
The fictitious business name was filed in HUMBOLDT County on April 17, 2000

Terry A Davis  
4179 Walnut Dr  
Eureka, CA 95503

Lynette H Worthington  
3478 Summer St  
Eureka, CA 95503

This business was conducted by: A General Partnership  
/s/ Terry Davis, Co-Partner  
This statement was filed with the HUMBOLDT County Clerk on the date January 20, 2023  
I hereby certify that this copy is

true and correct copy of the original statement on file in my office  
Juan P. Cervantes  
s/ jc, Deputy Clerk  
Humboldt County Clerk  
1/26, 2/2, 2/9, 2/16 (23-023)

**ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME Yaroslava  
Zuniga CASE NO. CV2300065  
SUPERIOR COURT OF CALI-  
FORNIA, COUNTY OF  
HUMBOLDT 825 FIFTH ST.  
EUREKA, CA. 95501**

PETITION OF:  
Yaroslava Zuniga  
for a decree changing names as follows:  
Present name  
Yaroslaba Zuniga  
to Proposed Name  
Yaroslava Zuniga

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
NOTICE OF HEARING  
Date: March 03, 2023  
Time: 1:45 p.m., Dept. 4  
For information on how to appear remotely for your hearing, please visit  
<https://www.humboldt.courts.ca.gov/>  
SUPERIOR COURT  
OF CALIFORNIA,  
COUNTY OF HUMBOLDT  
825 FIFTH STREET  
EUREKA, CA 95501  
Date: January 17, 2023  
Filed: January 17, 2023  
/s/ Timothy A. Canning  
Judge of the Superior Court  
1/26, 2/2, 2/9, 2/16 (23-020)

**ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME  
Aurora Estefania Gibson  
Hernandez  
CASE NO. CV2300062  
SUPERIOR COURT  
OF CALIFORNIA,  
COUNTY OF HUMBOLDT  
825 FIFTH ST.  
EUREKA, CA. 95501**

PETITION OF:  
Dulce Fernanada Hernandez Gonzali  
for a decree changing names as follows:  
Present name  
Aurora Estefania Gibson Hernandez  
to Proposed Name  
Aurora Estefania Hernandez Gonzali  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for

change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
NOTICE OF HEARING  
Date: February 24, 2023  
Time: 1:45 p.m., Dept. 8  
For information on how to appear remotely for your hearing, please visit  
<https://www.humboldt.courts.ca.gov/>  
SUPERIOR COURT  
OF CALIFORNIA,  
COUNTY OF HUMBOLDT  
825 FIFTH STREET  
EUREKA, CA 95501  
Date: January 13, 2023  
Filed: January 13, 2023  
/s/ Timothy A. Canning  
Judge of the Superior Court  
1/26, 2/2, 2/9, 2/16 (23-019)

**ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME  
SHERRI JEAN GROSSER  
CASE NO. CV2300186  
SUPERIOR COURT OF CALI-  
FORNIA, COUNTY OF  
HUMBOLDT 825 FIFTH ST.  
EUREKA, CA. 95501**

PETITION OF:  
SHERRI JEAN GROSSER  
for a decree changing names as follows:  
Present name  
SHERRI JEAN GROSSER  
to Proposed Name  
SHERRIE JEAN WEBB  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
NOTICE OF HEARING  
Date: March 17, 2023  
Time: 1:45 p.m., Dept. CR-4  
SUPERIOR COURT  
OF CALIFORNIA,  
COUNTY OF HUMBOLDT  
825 FIFTH STREET  
EUREKA, CA 95501  
Date: February 2, 2023  
Filed: February 2, 2023  
/s/ Timothy A. Canning  
Judge of the Superior Court  
2/9, 2/16, 2/23, 3/2 (23-043)



**Virginia Ann Ciszek Felter**  
**Dec 1946 to January 2023**

Ginny was born at Camp Pendleton Naval Hospital and grew up in a Marine family. Most of her youth was in southern California during the surf and car culture days but horses were always her love. She got her first horse as young teen and she and a friend would pack lunches and ride way out into the hills. Occasionally her horse would open the gate latch to visit the horses at the ranch down the lane. She'd hear the latch click so would have to walk down in her nightgown to bring him home.  
She always loved animals and started working for a veterinarian. That led to getting her license as a Registered Veterinary Technician. Horses became a secondary career, both in raising and jumping. Heaps of prize ribbons remain, along with plates and bowls around the house commemorating Hunter and Jumper events that she was in across the region. In the 90's she became the head of the Equine Division of the Helen Woodward Animal Hospital.  
Her dad was a Marine WW2 war hero and a tough father to grow up under. Her older brother never satisfied dad's expectations so Ginny would step in and try to fill her brother's shoes. An example is when brother Bob had no interest in the family airplane, Ginny took up flying and soloed. She paid attention to her dad's business savvy and began a portfolio at a young age.  
Bob met Ginny when she asked him to do some remodeling on her condo. She had a wonderful location with a great view to the beach and down onto the Del Mar Racetrack. Only you could hardly see the view since she'd coerce the tree trimmers to skip past the fast-growing Coral trees in front. Instead of a view she had a grove full of life with chirping birds right out her windows. Bob did the work for her and one thing led to another. Our first camping trip together sometime in '97 would be easy to date because that weekend we could see the Hale Bopp comet as the sun came on the desert horizon both in the morning and evening.  
Anxious to leave rapidly growing San Diego, we took a trip for a week or two each Christmas. After a number of adventures, we came through Arcata and liked it. We put a realtor on task to find a home or property and we bought an empty field with full sun and a view to the horizon. We built a house together and have been involved with Humboldt's community since. Ginny helped at Planned Parenthood, loved the Humboldt Crabs, and was always in the midst of house plants, the orchard and garden, parakeets and our Corgi.  
In about 2014 Ginny started making occasional bonehead decisions. When we went to her physician, she said "I have to report her to DMV". Ginny passed her driving test but DMV doesn't forget and the next year she got a notice to come in for the written test. No matter how many times we took the online tests, she just couldn't do it, so in 2016 DMV tested her and took her license. It's been a gradual process but in time the diagnosis was Alzheimer's and she slowly lost her interests and abilities. It's been a long sad journey, not without good times but the disease won. If inclined, please send monetary donations to either the Alzheimer's fund or to Hospice of Humboldt.





## We Print Obituaries

Submit information via email to classified@northcoastjournal.com or by mail or in person.

Please submit photos in JPG or PDF format, or original photos can be scanned at our office.

The North Coast Journal prints each Thursday, 52 times a year. Deadline for obituary information is at 5 p.m. on the Sunday prior to publication date.



310 F STREET,  
EUREKA, CA 95501  
(707) 442-1400  
FAX (707) 442-1401

## OBITUARIES

Continued from previous page



### Casey John Ray

November, 18 1973 – December, 21 2022

Casey passed away on December 21, 2022. He was born on November 18, 1973 to Jennifer and Geary Ray.

He spent his early years in Southern California. His mother remarried in 1982, and his family moved to Ferndale when he was in 3rd grade.

Casey was involved in Boy Scouts, church activities, and especially sports. He was very proud that in his senior year at Ferndale High (Class of '93!), the football team went undefeated, and he was named co-MVP of the league. After high school, he played football at Ventura JC and at Santa Barbara Community College. During high school and college, Casey shared his love of sports with many young people, coaching in multiple youth leagues.

Casey graduated from Chico State with a degree in recreation. After graduation, he moved back to Southern California to work at the Rose Bowl Aquatic Center where he continued to work educating young people in a variety of sports and training adults to do the same. Casey especially enjoyed teaching first aid and life guarding classes for years. It was during his time at The Rose Bowl that he met his future wife, Sarah.

Casey married Sarah Read in 2010. Casey loved sharing many adventures with Sarah, the two most important being the nurturing of their strong Catholic faith and welcoming four beautiful children into the world. The six of them went everywhere together, and they especially cherished long, playful days on the beach. They also enjoyed attending mass as a family, and their faith helped carry them as Casey's brain tumor cut his life short.

He is survived by his wife, Sarah; daughters, Amy (9 yrs.), Anna (5 yrs.), and Claire (3 yrs); son, Tyler John (8 mos.); parents, Jennifer Turley and Geary Ray; and sisters, Emily Adams, Sheree Shapiro, and Kimberly Zavodnik.

His family would like to thank his community for all their love and support. Casey will be greatly missed by his family and many friends. If you would like to donate to the family, you can Venmo to @Sarah-Ray-02926

## LEGALS?

442-1400 x314

classified@northcoastjournal.com

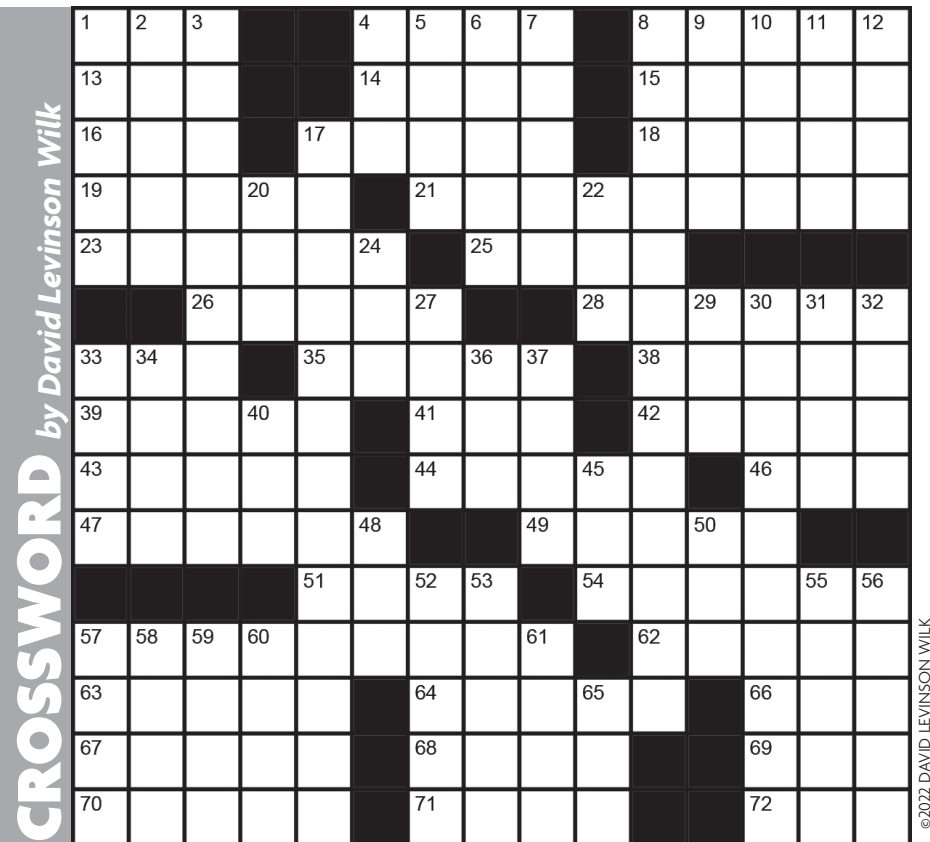
### County Public Notices

Fictitious Business

Petition to Administer Estate

Trustee Sale

Other Public Notices



### ACROSS

1. K-pop group whose members include Suga and Jungkook
4. Soapstone component
8. In need of stimulation
13. Hosp. area
14. Necklace headache
15. Ultrasound targets
16. \_\_\_\_-Z
17. Anthony \_\_\_\_ Pulitzer winner for "All the Light We Cannot See"
18. "The Thinker" sculptor
19. "Look for the Union Label" grp.
21. #1 hit for the Troggs
23. Skinned
25. Blueprint figure
26. "Such a tragedy"
28. Capriciousness
33. A.L. West team, on scoreboards

### DOWN

35. Qatari bigwigs
38. Bakery lure
39. Locale for new emails
41. "\_\_\_\_! Humbug!"
42. 39.37 inches
43. \_\_\_\_ und Drang
44. Quick-witted
46. Spearheaded
47. Arm of the Mediterranean
49. Seismic event
51. Field of Jean-Luc Godard
54. Atom who directed "The Sweet Hereafter"
57. It'll make you laugh, hopefully
62. "Super Bass" singer
63. Lamb Chop puppeteer
64. Provide (with)
66. Catering vessel
67. How coq may be cooked

### DOWN

1. Major uncertainty
2. Immune system component
3. Did karaoke in an ant costume?
4. Boxing ring ruling, in brief
5. From scratch
6. Large-eyed lemur
7. PC shortcut for making a hard copy
8. Bubbly consumed by actor Reynolds?
9. Tweeter's "That said ..."
10. Quick, in product names
11. "\_\_\_\_ go brag!"

12. [Correct!]
17. Plot device in which membership fees surprisingly resolve everything?
20. Home of Cheyenne: Abbr.
22. Lawn coating
24. Hydroelectric project
27. "I claim that!"
29. Wrath
30. Remedy derived from a variety of sources?
31. Captain Hook's henchman
32. Place for a kiddie pool
33. "Homer and \_\_\_\_ Exchange Cross Words" ("The Simpsons" episode)
34. Pay for a poker hand
36. Cheerleader's cheer

37. Hoops great O'Neal
40. Miner's yield
45. Wish undone
48. Zippo
50. Zen garden carp
52. Physics Nobelist
53. Been-there-done-that feeling
55. Hometown of LeBron James and Steph Curry
56. Highest digits in Sudoku
57. Ad Council messages, in brief
58. "Not gonna happen"
59. Central church section
60. Bed seen on a baby monitor
61. Mild yellow cheese
65. "Heyo, am I texting too late?" ... or a hint to this puzzle's theme

### LAST WEEK'S ANSWERS TO PATTY

G	L	O	M	A	I	R	B	U	D	A	M	P	S
A	G	U	A	C	R	E	E	P	O	R	A	R	E
P	A	T	T	Y	H	E	A	R	S	T	A	R	O
F	I	N	E	D	E	E	S	C	R	O	D		
C	A	I	N	E	P	E	T	T	Y	T	H	E	F
S	N	E	E	Z	E	R	S	O	A	N	D	S	O
I	D	L	E	M	A	I	N	M	R	E			
S	Y	D	P	I	T	T	Y	P	A	T	R	O	O
B	O	N	S	E	A	M	W	E	N	T			
E	M	A	I	L	E	D	T	A	B	A	S	C	O
P	O	T	T	Y	M	O	U	T	H	E	R	O	D
I	N	A	P	P	N	N	E	W	E	L	L		
C	A	R	A	P	U	T	T	Y	K	N	I	V	E
A	M	I	R	S	T	A	R	E	R	K	E	P	T
L	I	S	T	T	S	G	A	R	P	E	S	A	U

### su | do | ku

© Puzzles by Pappocom

EASY #51/PDF

2				1					
	6				4	1		7	
	4		6		9		3		
	2				6			3	
7			8		1			4	
3			9				8		
	7		3		5		4		
4		1	7				5		
				4				2	









Would you like to apply your skills in an established organization helping local children and families? Our exciting workplace has full- and part-time time openings. We offer excellent benefits for full-time positions and provide additional compensation for qualified bilingual candidates (English/Spanish)

### Program Assistant, Case Management

Full-Time \$17.60

### Child Care Coordinator

Full-Time \$18.38

### Clinician I/II

Full-Time \$27.09/hr., \$5,381.09

### Bilingual Clinician I/II (Spanish)

Full-Time, \$28.94/hr., \$5,730.85

Benefits include paid vacation and sick leave, 14 paid holidays, 100% agency-paid, platinum level health insurance, dental, vision, and life insurance, as well as a retirement plan with matching contributions and profit-sharing. COVID-19 Vaccine required.

Please go to [www.changingtidesfs.org](http://www.changingtidesfs.org) for complete job descriptions and application requirements. Positions open until filled. Submit complete application packets to Nanda Prato at Changing Tides Family Services, 2259 Myrtle Ave., Eureka, CA 95501 or via email to [nprato@changingtidesfs.org](mailto:nprato@changingtidesfs.org).

[www.changingtidesfs.org](http://www.changingtidesfs.org)

Hablamos español

@changingtidesfamilyservices



## NOW HIRING!

Southern Trinity Health Service is taking applications for the open positions at the

### Scotia Location

Registered Dental Asst

Dental Support Mgr

Medical Dr

Clinical Nurse Mgr

### Ruth Lake

Transportation Driver

Part Time

We are seeking a self-motivated, quick learning, and career-minded individual seeking long-term employment.

Please send resume to [hr@sthclinic.org](mailto:hr@sthclinic.org) or call (707) 764-5617 ext. 2110.



## JOB ANNOUNCEMENT

Humboldt County Association of Governments (HCAOG)

## ADMINISTRATIVE SERVICES OFFICER

### Monthly Salary Range:

\$6,074 – \$7,383

Includes Great Benefits

The Humboldt County Association of Governments (HCAOG), Humboldt County's regional transportation planning agency is seeking to fill a full-time Administrative Services Officer position.

HCAOG is looking for an ideal candidate with an enthusiastic team player attitude to fill this key position in the organization. The Administrative Services Officer is required to perform a wide variety of administrative and fiscal support services involving policies, procedures, organization, planning, contracts, equipment, supplies, serving as clerk to the Board of Directors and other committees. Fiscal duties include monitoring expenditures, revenues, keeping track of payroll records and assisting in budget reporting and annual budget development.

### EDUCATION AND EXPERIENCE:

The ideal candidate will have the equivalent to graduation from an accredited four-year college or university with major coursework in accounting, finance, business or public administration, or a closely related field and three (3) years of responsible professional fiscal experience, including the maintenance of financial, budget, fiscal, and related statistical records. Additional years of applicable experience may be found an adequate substitute for the college requirement.

Please refer to [www.hcaog.net](http://www.hcaog.net) for full job description and requirements, and more information about HCAOG.

### Apply Immediately:

This recruitment is open until filled; however, the first review of applications will be on March 3, 2023 with interviews the following week.

Send cover letter, resume, and three work-related references to HCAOG at: 611 I Street, Suite B, Eureka CA 95501 or email: [debbie.egger@hcaog.net](mailto:debbie.egger@hcaog.net)



## City of Arcata MAINTENANCE WORKER/SENIOR MAINTENANCE WORKER

(STREETS/UTILITIES)

\$38,634.33 - \$52,990.01/yr.

4% Salary increase in July 2023

Apply online by 11:59pm, February 12, 2023. Performs a variety of semi-skilled and skilled tasks related to the construction, maintenance, repair, installation and monitoring of City streets and utilities systems and infrastructure. An ideal candidate has a keen interest in and willingness to learn, enjoys working outdoors in a variety of weather conditions, and thrives in a team-oriented environment.

Apply or review the full job duties at: <https://www.governmentjobs.com/careers/arcataca> or contact Arcata City Manager's Office, 736 F Street, Arcata, (707) 822-5953. EOE.



## City of Arcata ADMINISTRATIVE SPECIALIST

(COMMUNITY DEVELOPMENT)

\$47,701.77 - \$59,431.36/yr.

4% Salary increase in July 2023

Apply online by 11:59 pm, February 20, 2023. Performs a wide variety of complex administrative and support functions in support of the Community Development Department activities, including planning, housing and economic development programs. An ideal candidate thrives in providing exceptional customer/public service, is highly organized, detail-oriented and a proven team player.

Apply or review the full job duties at: <https://www.governmentjobs.com/careers/arcataca> or contact Arcata City Manager's Office, 736 F Street, Arcata, (707) 822-5953. EOE.



# Hiring?

Post your job opportunities here.  
442-1400 • [northcoastjournal.com](http://northcoastjournal.com)





**EXECUTIVE DIRECTOR** Food for People, headquartered in Eureka CA, is pleased to announce a unique opportunity as our next Executive Director. We are looking for a strong, innovative individual who can work with minimal direction to replace our outgoing Executive Director who is retiring after a remarkable 22 year career. If you are a dynamic, strategic leader who enjoys being hands-on and working collaboratively to help us create a stronger, healthier Humboldt County, this is a great opportunity for you. We are seeking candidates who are enthusiastic about meeting challenges and ready to engage a dedicated group of staff and volunteers and a diverse network of community partners to help us achieve our mission and vision.

This position is full time and salary will be based on the successful applicant's combination of skills and experience specific to the position within a range of \$100,000 to \$117,000/year. We provide health, dental, vision, and life insurance benefits, in addition to paid sick, vacation and holiday time. Optional participation in the CalSavers Retirement Savings Program is available and the organization is currently exploring other retirement plan options. This is a great position for someone who is interested in joining a diverse and dynamic team in support of an organization that truly makes a difference in thousands of lives right here in Humboldt County. Please review the job description and qualifications posted on [www.foodforpeople.org/jobs](http://www.foodforpeople.org/jobs) <https://foodforpeople.org/jobs>



*"Healthy mind, body and spirit for generations of our American Indian Community."*

### Join Our Village!

**Current employment opportunities include:**

**Dentist, Arcata and Eureka**  
\$123,760 - \$258,960

**Provider MD/DO, Crescent City**  
\$157,040 - \$286,000

**Nurse, Klamath and Arcata**  
\$82,160 - \$123,760

**Behavioral Health Counselor**  
**Eureka and Crescent City**  
\$48,840 - \$105,040

**Pharmacist, Arcata**  
\$123,760 - \$157,040

**Public Health**  
**Nurse Manager, Arcata**  
\$82,160 - \$157,040

For a full list of positions and job descriptions, and to apply, please visit our website at [uihs.org](http://uihs.org)

*In accordance with 42 CFR 136.42 American Indian Preference shall be given.*

## THE CITY OF EUREKA COMMUNITY SERVICES

### HARBOR OPERATIONS TECHNICIAN I/II

\$2,916 - \$3,877/MO

**\*Base salary to increase by 5% in 2024.**

**Plus excellent benefits including free family Zoo membership, free family Adorni Center membership, free enrollment at Little Saplings Preschool for employee children and more!**

Under general supervision, performs a variety of semi-skilled work in the construction, modification, maintenance, repair and operation of the City's Harbor and related waterfront facilities and systems. Conducts security checks and enforces Harbor and marina rules and regulations. Executes a variety of administrative and customer service duties pertaining to rentals, parking, collecting fees and dues, etc. Qualifications include completion of the twelfth (12) grade or equivalent, and one (1) year of construction, maintenance or repair experience in buildings, facilities and related infrastructure. May be required to work flexible schedules including evenings, weekends and holidays.

For more information or to apply online, visit our website at [www.ci.eureka.ca.gov](http://www.ci.eureka.ca.gov).

**Applications will be accepted until 5:00 p.m. on Friday, February 17, 2023. EOE**



### CITY OF FORTUNA ASSISTANT CITY ENGINEER II

FULL-TIME. \$62,996 - \$76,645.

This is an advanced level skills position requiring knowledge of engineering skills, construction practices, GIS, CADD and surveying. Bachelor's degree in civil engineering or significant completion of coursework for bachelor's degree in civil engineering is desired, but experience that would provide the required knowledge/abilities is qualifying. Must be 18 and have valid CDL.

Complete job description and required application available at [friendlyfortuna.com](http://friendlyfortuna.com) or City of Fortuna, 621 11th Street, 725-7600. Applications must be received by 4pm on **Friday, March 3, 2023.**



### Hiring?

Post your job opportunities in the **Journal**.

442-1400 x314  
[northcoastjournal.com](http://northcoastjournal.com)



**Redwood Coast Regional Center**  
Be a part of a great team!

### Licensed Clinical Psychologist

FT in Eureka, CA. Provide clinical services for individuals w/dev & intellectual disabilities. Sal range starts \$7704/mo. Exc. bene.

Visit [www.redwoodcoastrc.org](http://www.redwoodcoastrc.org) for more info & required docs. **EOE**



### CAREGIVERS NEEDED NOW!

Work from the comfort of your home. We are seeking caring people with a bedroom to spare to help support adults with special needs. Receive ongoing training and support and a monthly stipend of \$1200-\$4000+ a month.

Call Rita for more information at 707-442-4500 or visit [www.mentorswanted.com](http://www.mentorswanted.com) to learn more.

California  
**MENTOR**  
Family Home Agency

**ESSENTIAL CAREGIVERS**  
Needed to help Elderly  
Visiting Angels  
707-442-8001

### Hiring?

Post your job opportunities in the **Journal**.



442-1400  
x314  
classified

@northcoast  
journal.com

### MARKETPLACE

Continued on next page »

#### Electronics



#### Macintosh Computer Consulting for Business and Individuals

Troubleshooting  
Hardware/Memory Upgrades  
Setup Assistance/Training  
Purchase Advice

707-826-1806  
[macsmist@gmail.com](mailto:macsmist@gmail.com)

#### Miscellaneous

#### 2 GUYS & A TRUCK.

Carpentry, Landscaping, Junk Removal, Clean Up, Moving. Although we have been in business for 25 years, we do not carry a contractors license. Call 845-3087

**BATH & SHOWER UPDATES IN AS LITTLE AS ONE DAY!** Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. 1-866-370-2939

**BCI WALK IN TUBS** are now on SALE! Be one of the first 50 callers and save \$1,500! CALL 844-514-0123 for a free in-home consultation.

**BIG GUY, LITTLE PICKUP**  
Small cleanups and hauls. Eureka area. Reasonable rates. Call Odd Job Mike at 707-497-9990.

**CABLE PRICE INCREASE AGAIN?** Switch To DIRECTV & Save + get a \$100 visa gift card! Get More Channels For Less Money. Restrictions apply. Call Now! 877-693-0625

**YOUR AD HERE**  
[classified@northcoastjournal.com](mailto:classified@northcoastjournal.com)  
(707) 442-1400 x314



## MARKETPLACE

**CAREER TRAINING:** Computer IT. CTI Career Training allows students to earn a degree from home and ready to work in months. Call 888-281-1442.

**CAREER TRAINING:** Medical Billing. CTI Career Training allows students to earn a degree from home and ready to work in months. Call 866-243-5931.

**CARS FOR KIDS DONATIONS.** DONATE YOUR VEHICLE to fund the search for missing children. FAST FREE PICKUP. 24 hour response. Running or not. Maximum Tax Deduction and No Emission Test Required! Call 24/7: 877-266-0681.

**CASH FOR CARS!** We buy all cars! Junk, high-end, totaled - it doesn't matter! Get free towing and same day cash! NEWER MODELS too! 1-866-535-9689

**CIRCUS NATURE PRESENTS**  
**A. O'KAY CLOWN & NANINATURE**  
Juggling Jesters  
& Wizards of Play  
Performances for all ages.  
Magical Adventures  
with circus games  
and toys. Festivals,  
Events & Parties.  
(707) 499-5628  
www.circusnature.com



**CLARITY WINDOW CLEANING**  
Services available. Call or text Julie at (707) 616-8291 for a free estimate

**DIAGNOSED WITH LUNG CANCER?** You may qualify for a substantial cash award - even with smoking history. NO obligation! We've recovered millions. Let us help!! Call 24/7. 1-888-376-0595

**DISH TV** \$64.99 For 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. Promo Expires 1/21/24. Call 1-866-566-1815.

**GUTTER GUARDS AND REPLACEMENT GUTTERS INBOUND.** Never clean your gutters again! Affordable, professionally installed gutter guards protect your gutters and home from debris and leaves forever! For a FREE Quote call: 844-499-0277.



### LADIES' PANT SALE - ALL HALF PRICE!

February 7-11. Where your shopping dollars help local youth realize their dreams! Senior Discount Tuesdays & Spin'n'Win Wednesdays! (530) 629-3006.

**MEN'S SPORT WATCHES WANTED.** Advertiser is looking to buy men's sport watches. Rolex, Breitling, Omega, Patek Philippe, Here, Daytona, GMT, Submariner and Speedmaster. The Advertiser pays cash for qualified watches. Call 888-320-1052.

**MOVING OUT OF STATE?** Licensed and insured, full-service, nationwide movers. Call now to get a free, instant price quote on your next move. 1-866-590-6549

**NEVER PAY FOR COVERED HOME REPAIRS AGAIN!** Complete Care Home Warranty COVERS ALL MAJOR SYSTEMS AND APPLIANCES. 30 DAY RISK FREE. \$200.00 OFF + 2 FREE Months! 1-877-434-4845

**ROCK CHIP?** Windshield repair is our specialty. For emergency service CALL GLASWELDER 442-GLAS (4527) humboldtwindshieldrepair.com

**SPECTRUM INTERNET** as low as \$29.99; call to see if you qualify for ACP and free internet. No Credit Check. Call Now! 833-955-0905



**WRITING CONSULTANT/EDITOR.** Fiction, nonfiction, poetry. Dan Levinson, MA, MFA. (707) 223-3760 www.zevlev.com

## YOUR AD HERE

442-1400 x314  
classified@northcoastjournal.com

## Dave's Computer Services

Macintosh, Windows, Linux & printer services.

**35 YEARS EXPERIENCE**

Schedule A Service Call!  
**(707) 955-5124**

**HUMBOLDT PLAZA APTS.**  
Opening soon available for HUD Sec. 8 Waiting Lists for 2, 3 & 4 bedroom Apts.

### Annual Income Limits:

1 pers. \$24,500; 2 pers. \$28,000;  
3 pers. \$31,500; 4 pers. \$34,950;  
5 pers. \$37,750; 6 pers. \$40,550;  
7 pers. \$43,350; 8 pers. \$46,150

Hearing impaired:  
TDD Ph# 1-800-735-2922

Apply at Office:  
2575 Alliance Rd. Bldg. 9 Arcata,  
8am-12pm & 1-4pm, M-F  
**(707) 822-4104**

## IN HOME SERVICES

*We are here for you*

Registered nurse support  
Personal Care  
Light Housekeeping  
Assistance with daily activities  
Respite care & much more

Insured & Bonded

Serving Northern California  
for over 20 years!

MENDOCINO • LAKE & HUMBOLDT CAREGIVERS  
WE ARE HERE FOR YOU

TOLL FREE 1-877-964-2001



**Lawn Care Service**

- Riding & cordless mowers, both with baggers
- Dump runs
- Weed eating
- Hedge trimming
- Pressure Washing
- Small tree and brush removal

**Call Corey**  
**707-382-2698**  
\$35/hour 2 hour minimum

## REAL ESTATE / FOR SALE

### Fortuna

GREAT FORTUNA LOCATION FOR THIS 4-ACRE PARCEL WITH MULTI-FAMILY ZONING! Fortuna needs more homes and this has great potential for a contractor or developer. Contact the City for all the possibilities. Public sewer, water, all utilities at the street. Call your favorite realtor today. MLS #257872



**MING TREE REAL ESTATE**  
www.mingtreerealty.com

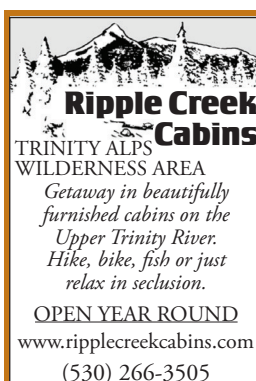
Sylvia Garlick #00814886 • Broker GRI/Owner  
1629 Central Ave. • McKinleyville • 707-839-1521 • sgarlickmingtree@gmail.com



**\$399,000**

## MARKETPLACE

### Lodging



**Ripple Creek Cabins**  
TRINITY ALPS WILDERNESS AREA  
Getaway in beautifully furnished cabins on the Upper Trinity River. Hike, bike, fish or just relax in seclusion.  
OPEN YEAR ROUND  
www.ripplecreekcabins.com  
(530) 266-3505

### Room for Rent



**Spare Bedroom?**  
Connect safely with a compatible housemate.  
FREE, local matching service.  
(707) 442-3763  
www.alaa.org/homesharing

**CHRIS BEERE**  
Quantum Biofeedback Specialist

**NTCB CERTIFIED**  
Pain Management  
Stress Management

**QUANTUM QUEST**  
4409 Lentell Rd  
Eureka, CA 95503

OFFICE 707.798.1370  
CELL 707.499.5458

chrisbeere1150@gmail.com

**YOUR AD HERE**  
442-1400 x314  
northcoastjournal.com

## BODY MIND SPIRIT

**Loving Hands INSTITUTE**  
OF HEALING ARTS



State Licensed School of Massage

Monthly Student Clinic \$50  
Therapy Clinic Monday \$70  
1 hour massage \$90

**(707) 630-3407**

32 Sunnybrae Center, Arcata  
www.lovinghandsinstitute.com

Get Your Markers Ready

Benefits Local Artists and Local Journalism.  
13 Artists to Color!



**NCJ**  
NORTH COAST JOURNAL OF POLITICS, PEOPLE AND ART

FIND IT ONLINE  
www.ncjshop.com



Paul Gangnier

Intuitive Therapy  
Breathwork Groups  
Sessions & Classes

707 296-4959

InfiniteGifter.com

**HIGHER EDUCATION FOR SPIRITUAL UNFOLDMENT.** Bachelors, Masters, D.D./Ph.D., distance learning. University of Metaphysical Sciences. Bringing professionalism to metaphysics. (707) 822-2111





707.476.0435

315 P STREET  
EUREKA



**Charlie Tripodi**

Owner/  
Land Agent  
BRE #01332697  
707.476.0435



**Kyla Nored**

Owner/Broker  
BRE #01930997  
707.834.7979



**Barbara Davenport**

Associate Broker  
BRE# 01066670  
707.498.6364



**Mike Willcutt**  
Realtor

BRE # 02084041  
916.798.2107



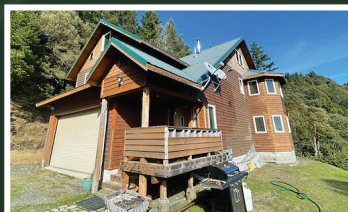
**Ashlee Cook**  
Realtor

BRE# 02070276  
707.601.6702



MULTIPLE LISTING SERVICE

**MLS**



## FEATURED LISTING!

52588 MATTOLE ROAD, HONEYDEW

**\$925,000**

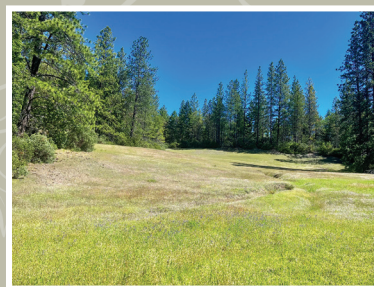
Amazing homestead opportunity with 3 homes on 3 parcels totalling  $\pm 129$  acres! Enjoy southern exposure, panoramic valley views, plenty of water, easy County road access, and the convenience of PG&E power! Custom 2,800 sq.ft. main house has 2 bedrooms, 2 bathrooms, and large loft with office space. The original 1,300 sq.ft. house is a bit of a fixer offering 2 bedrooms and 1 bathroom. The third off the grid house is 1,500 sq.ft. Located just 10 minutes from Honeydew, this property is the perfect family compound or investment!



### PINEWOOD COVE RESORT TRINITY LAKE **\$1,295,000**

Astonishing multi-faceted recreational business opportunity on Trinity Lake! Become the new owner

and steward of The Pinewood Cove Resort featuring cabins, RV camping spaces, tent camping spaces, boat slips, convince store, recreation pavilion, saltwater pool, and more! Take advantage of the amazing location, the first park coming into Trinity Lake, just 15 minutes from Weaverville! Owner will carry!



### SALYER LAND/PROPERTY **\$550,000**

One of a kind  $\pm 160$  acre property conveniently located off South Fork Road. Enjoy beautiful

views, lush meadows, a mixture of fir and oak timber, and two creeks running through the parcel. Property is surrounded by Forest Service offering privacy and seclusion.



### 150 ARNESEN LANE SALYER **\$89,000**

$\pm 1.45$  acres near the end of a private lane just minutes from the Trinity River. Several

flats, with community water onsite. South facing with views of the surrounding mountains and river canyon. OMC 1st for 2 years with 40% down.



### BIG LAGOON LAND/PROPERTY **\$150,000**

Over half an acre just minutes from Trinidad and Moonstone Beach!

Build your dream home in this sublime location with the distant roar of ocean waves and sunlight filtering through the trees. Parcel is undeveloped and in need of a perc test and building site.



### SALMON CREEK CULTIVATION PROPERTY **\$600,000**

$\pm 40$  Acre Salmon Creek farm with County and State interim permits for 4k sq.ft. of mixed

light and 16k sq.ft. of outdoor cultivation space! Property features two ponds, water storage, large dry room, small guest cabin and a new home under construction.



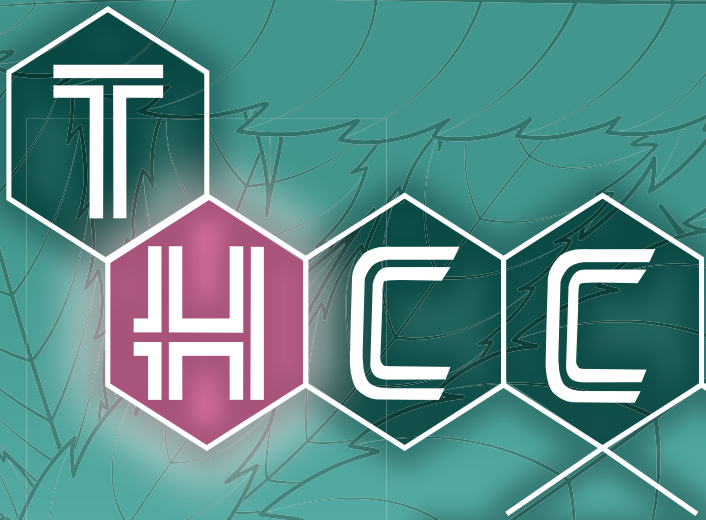
### 157 MAIN STREET SCOTIA **\$299,500**

This cozy 2 bedroom 1 bathroom home in Scotia is a must see. With brand new

flooring, recessed lighting, custom kitchen with concrete countertops, you will feel right at home no matter what room of the house you are in. The clear attention to detail is shown and on display from the moment you walk through the front door.

**humboldtlandman.com**





THE HUMBOLDT COUNTY COLLECTIVE

# UP COMING DEMOS

Be sure to check out each  
demo for **special deals**

Vendors will be on-site  
to answer any questions

## FEBRUARY



URSA



**UP THE ALLEY**  
AND TO THE LEFT OF OUR  
OLD LOCATION



1662 Myrtle Ave. Ste. A Eureka

**NEW HOURS**

707.442.2420

M-F 10am-7pm, Sat 11am-6pm, Sun 11am-5pm

License No. C10-0000997-LIC 21+ only



**BEST PRICES  
IN HUMBOLDT**